

A N N U A L
N A R R A T I V E R E P O R T

YUMA COUNTY

December 1, 1952

November 30, 1953

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AGRICULTURAL EXTENSION SERVICE

Miss Mariel Hopkins
Home Demonstration Agent

Miss Mariel Hopkins
Home Demonstration Agent
Yuma County, Arizona
1953

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ANNUAL NARRATIVE REPORT
of
Miss Mariel Hopkins
Home Demonstration Agent
Yuma County
1953

C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS

(a) Highlights

Adult Work

Nine Home Demonstration Clubs and four associate clubs have held one hundred and eighty-two meetings during the year with an attendance of twenty-seven hundred and forty-three. Of these eighty were attended by the Agent with a total attendance of twelve hundred and five.

To show how the work has been divided during the past five years is the following:-

Year	Home Demonstration Agent		Assistant Home Demonstration Agent
	Days devoted to adult work	Days devoted to 4-H work	Days work in County
1949	125	154	14
1950	145	140	90
1951	127	154	148
1952	126	159	
1953	132	155	

The explanation for the increase in number of days spent on 4-H club work during the past four years lies in the fact that there was a general transition from clubs in schools to community club. In many instances, leaders have required a lot of Agent help. An effort has been made to divide the time equally between adult work and 4-H work. However, both last year and this year there has been a change in the personnel of the Assistant County Agent in charge of 4-H club work. The resignations have come at the end of the fiscal year and successors have not been appointed until September. It has been necessary for the Home Demonstration Agent to fill the gaps with 4-H camp, State Conference activities, etc.

This year, as usual, there have been calls for the Agent to do special programs or arrange for special services other than the above. Among these can be mentioned: Christmas work meetings with Garden Clubs; Slip Cover and Drapery work meetings with specially organized groups; Special committee meetings on kitchen

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(a) Highlights (con't)

Adult Work (con't)

planning; Special group meetings on kitchen planning; Special group meetings in preparation for the first Yuma County Fair, etc.

Other than this, such organizations as the Business and Professional Women's Club, the Zonta Club, the Delta Kappa Gamma Educational Association, the American Association of University Women, Yuma Chapter Number 14, Order of the Eastern Star, have been served by the Agent. A county-wide program in nutrition, clothing and home management was planned with the State Office and has been carried out.

Nutrition

There have been two Leader meetings in the County in 1953 with the Extension Nutritionist in charge as follows: In January - subject "Mid Day Meals"; in June - subject "Safe Reducing". Subject matter from these meetings have subsequently been given back to all organized groups and will be reported on under D, XIII of this report.

During the year, the Agent has carried a program with all Home Demonstration Clubs by means of demonstrations, discussions and work meetings. Subjects included have been: Christmas Foods, Nutrition and Health, Dairy Foods and Home Pasteurization of Milk, Packaging Foods for Freezing. Results from these meetings have been tabulated and entered in the statistical report.

As in previous years, the Agent has found repetition among clubs of nutrition leader meetings from previous years such as: "Importance of a Good Breakfast", "Foods, When Entertaining", "Meals that Can Wait", "Salads from Locally Grown Produce", "Favorite Mexican Dishes", "Holiday Meals", and "Grapefruit Desserts".

As in previous years, the Agent has answered inquiries and distributed Extension Bulletins on freezing and canning of foods, child care and training, gardening, menu planning, etc. In addition, a bulletin board in the Agent's office has served to dispense bulletins on the various phases of nutrition.

There has been spread of influence in all communities through local leaders and it is estimated that approximately three hundred and fifty families have been assisted by the adult program.

Clothing

Miss Helen Church, State Clothing Specialist has been in Yuma County on two separate occasions during 1953 in the interest of

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(a) Highlights (con't)

Adult Work (con't)

the Clothing Program. In March a leader meeting was held with Miss Church in charge on the subject "New Fabrics". In October the subject of Miss Church's leader meeting was "Dresses That Work for You". The subject matter from the former of these two meetings has been given back to all organized groups. Because of the congestion of the program, work meetings to complete the second leader meeting have been scheduled for January of 1954. However, a report of the meeting has already been given to six organized groups. Statistical data for Clothing Leader meetings will be reported under D XIV of this report.

There have been method demonstrations by the Agent and Leaders during the year on: Pattern Alteration, Christmas Gift Suggestions, Stencilling, Stay Stitching, Pressing, Accessories, Dress Alterations, Tailoring Techniques, etc.

There has been spread of influence in all communities through local leaders and it is estimated that approximately four hundred families have been assisted by the adult program.

Home Management and Family Economics

Miss Grace Ryan, the State Specialist, was in Yuma County, on two occasions for adult leader meetings pertaining to her field of work. In February her subject was "Short Cuts in Management" and in November "Wall Accessories". In addition, she gave special work to a group of leaders at the Colorado Indian Agency in Parker on the subject "Selection and Care of Floor Coverings". In the case of the February leader meeting the subject matter has been given back to all organized groups and will be reported under D XV of this report.

The work of the Specialist in previous years on the subjects "Importance of Correct Lighting in the Home" and on "Laundry Methods" continue to be a topic of discussion at local meetings. Women have adopted in good measure the methods taught. It is estimated that three hundred and fifty families have, during the current year, improved some phase of home life because of the teachings of Miss Ryan.

As in previous years, household accounts are being kept by the major portion of Home Demonstration Club members. The practice is in part due to the Home Demonstration program. However, for several years now, income tax returns have been the biggest factor in making the practice mandatory.

Work on "Refinishing Furniture" continues to be practiced in the County as a result of Leader Meetings in 1949 and 1950.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(a) Highlights (con't)

Adult Work (con't)

The making of slip covers, re-upholstery of furniture and making of lined drapes continues to be practiced in all communities as a result of Home Demonstration work. Most of these practices are a result of demonstrations in previous years. During the current year, seven demonstrations or all day work meetings have been held by the Agent. There has been a report of ten such meetings being conducted by Leaders. There have been others not reported.

Junior Work

A combined report for 4-H Home Economics and Agricultural Club Work is being submitted in separate report. However, since a little more than half the Home Demonstration Agent's time was given to 4-H club work, it can scarcely be omitted from this report.

The Agents have supervised 4-H Home Economics projects in the County. In addition, time has been spent with the preparation and operation of such special events as a Yuma County Fair, County Council Meetings, County Leader Association Meetings, Leader Training Schools, delegations to 4-H Roundup and 4-H Camp, Recognition Banquet, etc.

This year the Junior Agricultural Fair was superceded by a real County Fair - the first Yuma County Fair. However, except for change of location from Crane School to a Fair Grounds site just beyond the Country Club on Highway 80, operation of 4-H exhibits and activities were similar to previous years. The exhibit building was a large tent shared with adult Home Economics, Art, Mineral, Horticulture and School exhibits. 4-H exhibits were set up in community booths as usual. Two hundred and two Home Economic 4-H'ers exhibited from one to seven articles. The dress revue was difficult under the new management and plans have been formulated to improve the situation in 1954. Demonstrations were for the first time this year given on a special contest day prior to the Fair. This was an improvement in every way over previous years and is to be an established custom.

The Recognition Banquet was attended by approximately two hundred and fifty 4-H members, leaders, parents and guests. Awards as in other years were made except for State awards. These had to be postponed until release dates set by the State office.

During the year, a total of ^{nineteen} ~~twenty-two~~ Home Economics Clubs have been supervised by the Agent. This year, as for the past three years, practically all clubs have been community clubs. School authorities have played no part in organization or in operation.

C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(a) Highlights (con't)

Junior Work (con't)

However, because of our hot summer climate, the major portion of project work has been carried during the school year.

Statistics

From the statistical report for the Home Demonstration Agent is the following:

Days spent in Adult Work	132	
Days spent in 4-H Club Work	<u>155</u>	
Total for the year		287

Days spent in the Office	74	
Days spent in the Field	<u>213</u>	
Total for the year		287

Days spent on Projects		
Extension organization and program planning	89	
House and surroundings, furnishings and equipment	33	
Home Management	11	
Clothing	63	
Foods and Nutrition	56	
Health	8	
Family life, child development, parent education	11	
Safety	2	
Community development and public affairs	<u>14</u>	
Total for the year		287

(b) Local Factors Influencing the work of the Home Demonstration Agent in Yuma County, are modified by local conditions most of which have to do with topography and climate. For this reason, as in previous years, a brief explanation seems justified. While the total acreage of Yuma County is in round figures, six million, or one-twelfth of the acreage of the entire State of Arizona, nevertheless, the total acres on which cultivated crops have been grown has been relatively small. Within the last ten years, about twenty-five hundred acres of land in the South Gila Valley and on the area north of the former Army airport have come into cultivation. And now, with the Wellton-Mohawk project being developed, the above promises to be changed.

However, at present, the acres under cultivation in Yuma County is little more than two per cent of the total. In general, this low percentage is due to unused land divided into soil highly productive but without water supply, and hard pan plus caliche

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(b) Local Factors (con't)

desert soil including small mountain ranges of comparatively low elevation. Of the land under cultivation, approximately one-third is farmed by tenants while two-thirds is owner-operated.

There is, as in previous years, a high percentage of shifting rural population. These factors; that is distances to travel and large transient population, make follow-up checks of much more than average difficulty. Local leaders, also, can not function as effectively as in many other sections.

Another local factor influencing Home Demonstration Work in Yuma County is the Mexican population. Approximately one-third of the County is Mexican. Of these Mexicans only a small percentage (approximately seven percent) are naturalized. These are highly patriarchal in family life. This accounts for the fact that while the children are accessible for extension work through the 4-H club work, the women are practically unapproachable. There are, however, women in our Home Demonstration Clubs who speak Spanish and who have acted as interpreters in all community projects.

Mention should also be made of the Indian population. There are two Indian Reservations as follows:

- (1) Colorado River Agency located at Parker.
- (2) The Cocopah Reservation, located in the lower Yuma Valley. There is also the Fort Yuma Indian Agency located on Indian Hill, in California, directly across the river from Yuma.

For several years, the State policy was that Extension personnel should not work directly with Indians. Four years ago this policy was done away with and steps were taken to carry an Extension Program with the new settlers in the Parker area as told later.

(c) Form of Organization

Yuma County Home Demonstration Work is organized under two headings as follows:

- (1) Work with adults through regularly organized clubs; through clubs other than those primarily organized for Home Demonstration work; through home visits; office and telephone calls; through individual and circular letters; through newspaper articles and radio broadcasts.

C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(c) Form of Organization

Regularly organized Home Demonstration Clubs include the following areas: (1) Yuma vicinity (2) Upper Yuma Valley (3) Yuma-Mesa (4) Somerton (5) Gadsden (6) North and South Gila (7) Wellton (8) Mohawk Valley (9) Tacna.

All Home Demonstration Clubs have a roster of members in the Agent's office and notices of meetings are sent to each member.

Clubs programs have been initiated at the County Home Demonstration Council Meeting when club representatives, the Agent and State Office representatives have formulated a calendar for specialists work in the County and for subjects to be presented based on needs and interests. As nearly as possible, programs for the clubs have been planned on a yearly basis. However, during the current year, as in recent years, it has been difficult to realize this completely. Limiting factors have been: shift in interest; change in duties of club members; prolonged summer heat.

In the various subject matter fields in the adult program the following leader meetings with the State Specialists in charge have been held:

- January: "Demonstrations" - Mrs. Ellen Kightlinger, Assistant State 4-H Leader. "Mid Day Meals" 4-H Projects - Mrs. Elsie Morris, Extension Nutritionist.
- February: "Judging" - Mrs. Ellen Kightlinger, Assistant State 4-H Leader. "Short Cuts in Management" - Miss Grace Ryan, State Home Management Specialist.
- March: "New Fabrics" - 4-H clothing projects, Miss Helen Church, State Clothing Specialist.
- June: "Safe Reducing" - Mrs. Elsie Morris, Extension Nutritionist.
- October: "Dresses That Work for You" - 4-H Clothing Projects, Miss Helen Church, State Clothing Specialist.
- November: "Wall Accessories" - 4-H Room Improvement Projects, Miss Grace Ryan, State Home Management Specialist.

In the case of adult Leader training, duplicate meetings have been held for the northern part of the County.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(c) Form of Organization

During the year, the Agent has given back to clubs subject matter obtained at Extension and other meetings outside the County as follows: Annual Extension Conference, University of Arizona; State 4-H Roundup, University of Arizona; Extension Freezing School, Tucson; 4-H Club Camp, Church Camp near Prescott; State 4-H Leaders' Conference, Flagstaff.

The work of the Agent entails, in addition to regular meetings, many home calls, telephone calls, conferences, publicity measures, etc.

As in past years, an effort has been made to supply homemakers with the latest published material in the Home Demonstration field. For the past six years, this task has been simplified. A bulletin board has been installed in the Home Demonstration Agent's Office, now located in the Court House in the County Agent's headquarters. In addition to the use of this bulletin board, bulletins are distributed at meetings and are mailed upon request.

Until last year, the one county paper cooperating with the Home Demonstration program was the Yuma Daily Sun. The first of January, 1952, a weekly called "Yuma County Farmer" came into being and the Home Demonstration Agent has carried a weekly column from it's beginning. In addition special meetings have been announced in both the Yuma Daily Sun and the Yuma County Farmer.

In October of this year Yuma had its first television station put in operation, KIVA. The Yuma County and Imperial County, California, offices are cooperating in a fifteen minute program Monday thru Friday at 6:30 p.m. At this the Home Demonstration Agent is taking her turn. In addition, when the occasion arises, she continues to give radio programs.

In all, during the year, fifteen radio broadcasts have been given by the Home Demonstration Agent and four television programs.

D. PROGRAM OF WORK

(a) Factors considered and Methods used in Determining the Program of Work

As previously stated, the Agent has made an effort to keep the program of work as nearly uniform as possible. A great aid in this direction has been the County Home Maker Council.

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D. PROGRAM OF WORK (con't)

(a) Factors Considered and Methods Used in Determining the
Program of Work (con't)

That is, programs have been planned with club leaders, with state workers, and with other club women in the County. However, this practice has not interfered with the established plan of inquiring preferences from women in attendance at meetings as well as from constant study of local conditions.

The local leader movement began in Yuma County in the Fall of 1939. Because of limiting factors, it, at first, functioned on a limited basis only. The last six years have seen the biggest advance in the movement partly because women are interested in the 4-H Club movement and want to help in every way possible and partly because they are coming to the realization that the movement has real worth.

Handicaps in the local leader movement have had to do with travel distances, climate, etc; and these handicaps, of course, continue. From the beginning, the movement has been carried in cooperation with the State Home Demonstration Staff.

In 1946, the Council set up County goals which have been used each year since when setting up club year-books, etc. These goals are as follows:

1. Each club work for a certificate of achievement.
2. Make possible a yearly physical check-up for every rural woman.
3. An adequate lunch for every school child.
4. Improve club kitchens.
5. Establish calling week.
6. At least one annual family get-together.

Requirements for a Certificate of Achievements had been set up by the State Office as follows:

1. One meeting each month, minimum eight meetings a year.
2. Satisfactory secretary book.
3. Take part in a County or local achievement day; or a tour or exhibit.
4. Reports - Minimum two stories a year.
5. Majority of active members attend each meeting.
(club decides who is active)
6. Carry at least one project with local leader giving the subject matter back.
7. A representative attending each county meeting-State, if possible.
8. Sponsor at least one community activity.

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D. PROGRAM OF WORK (con't)

(a) Factors Considered and Methods Used in Determining the Program of Work (con't)

After 1946, for several years, these goals and Certificate of Achievement requirements were consciously checked. Of late, they have come to be routine things from which each club operates.

For several years a program has been underway to create a club house or community center in the North Gila Valley and in the Rood or Upper Yuma Valley. The opportunity has come from school consolidations leaving an unused school building in each of these communities. These buildings are now being used as community centers for Extension programs.

The Gadsden Club, for some twenty-five years, had its own club house. It was a one room frame structure with a small kitchen and entry way. For years it served as the community center for club meetings, for voting, for Farm Bureau meetings, for youth organization meeting, for Sunday School, etc. Six years ago, a youth center building was erected across the road from the school house and absorbed some of the functions of the Women's Club House. Since the building was weathered considerably, the club decided to sell it and work toward building again. In 1950, the building was sold. The club still has the lots on which the building stood and a fund has been established toward building a new club house. This current year the lots have been cleared of underbrush and are being used as a park site for picnics, etc.

(b) Influence of State and National Agricultural Agencies

Except for 4-H Club work, Home Demonstration Work in Yuma County is quite distinct from other Agencies. However, correlation does occur coming naturally rather than from a planned program.

Until six years ago, the independence came from the fact that the office of the Home Demonstration Agent was in her own home. This came about originally because of the crowded condition in the County Court House. There was no suitable place for the Home Demonstration Agent's Office. Early in the spring of 1947, the Agricultural Adjustment Administration Office was moved out of the County Agricultural Agent's headquarters. Thus office space became available. Considerable remodeling was done; putting in partitions, etc., so that each of the three Agents could have a room of his own with a general room and a general reception room as well. While the room for the Home Demonstration Agent is small, it is quite conveniently set up with desk, filing cabinets, bulletin racks and bulletin board. Telephone calls continue to come mostly to the Agent's home. This is to be

D. PROGRAM OF WORK (con't)

(b) Influence of State and National Agricultural Agencies (con't)

understood since, for twelve years, women called the Agent before or after hours, in order, as they say, to catch her in.

The Home Demonstration Agent has not made a practice of attending Farm Bureau meetings in the County unless especially requested to do so. The reason is a very full program making scheduling difficult. Each year, however, as the need arises, there are instances of cooperative work.

(c) Project Activities and Results

1. Organization

Sub Project A - Farm Organization

The town of Yuma is the center of interest for all the Southern part of the County. Rural people, without exception, come to Yuma for shopping and a large percentage of them have business interests in Yuma. The town is increasing rapidly in population and this increase is largely due to agricultural developments. The civic interests of the town all have part membership from the surrounding rural communities. For this reason, it has always been hard to draw a line between urban and rural activities.

It may be of interest to here state that the suburban section just south of Yuma and referred to as Yuma-Mesa was, in 1945, incorporated into the city proper. This is a residential section where the Agent goes, from time to time, for meetings. More than ten miles beyond is another section which is still known as the Yuma-Mesa and whose principal industry is growing of citrus. A third division designated as Yuma-Mesa is adjacent to the Air Base. It is here that the Yuma-Mesa veteran families live, those who drew plots of land from the government after the Second World War.

In the Fall of 1949, a black topped desert road between Yuma and Quartzsite was opened which makes transportation much less difficult, and the people in the northern part of the county more accessible than at any time previous.

In Yuma County, needs of the different communities are varied and so the Agent can in no way limit her services to being a specialist in one line of work.

There is a high percentage of very well educated women in the clubs with which she works so that she must ever be on the alert that the material she gives is up-to-date and sound.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

This also operates to make the data given, adopted for use. The Agent finds that practices are quickly worked out by the groups in question to incorporate needs in a practical way. As a whole, the County is very reticent to do anything from a campaign angle, but people are serious minded and energetic in making the most of any opportunities for advancement which can be made practical. It is with this in mind that the Agent endeavors to make her program service really function.

Sub Project B - Home Economics Extension

As previously explained, the County Home Demonstration Program, as much as is feasible, operates from the State Home Demonstration Office which in turn operates from the Agricultural Extension Service office at the University of Arizona. Yuma County is allowed its share of the services of the State Clothing Specialist, the State Home Management Specialist, the Extension Nutritionist and also the State Assistant 4-H Club leader in charge of Home Economic Club Work.

The State Leader of Home Demonstration Work assists with all County Council Meetings which have to do with planning.

Adult Home Maker Club meetings actually attended by the Agent during the current year may be listed as follows:

December

2. Somerton vicinity
3. North & South Gila Valley
5. Upper Valley
16. North & South Gila Valley
17. Gadsden
19. Mohawk Valley
23. Yuma Mesa

January

6. North & South Gila Valley
7. Yuma Mesa
14. Gadsden
15. Somerton vicinity
16. Mohawk Valley

February

10. North & South Gila Valley
11. Gadsden
20. Mohawk
27. Crane

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project B - Home Economics Extension (con't)

March

- 3. North & South Gila Valley
- 5. Yuma Mesa
- 6. Parker
- 19. Salome
- 20. Mohawk Valley
- 25. Gadsden
- 27. Somerton vicinity

April

- 1. Upper Valley
- 14. North & South Gila Valley
- 17. Mohawk Valley
- 22. Gadsden
- 24. Crane
- 29. Somerton vicinity

May

- 12. North & South Gila Valley
- 13. Gadsden
- 15. Mohawk Valley
- 21. Crane
- 22. Somerton vicinity
- 29. Yuma Mesa

June

- 9. North & South Gila Valley
- 10. Gadsden
- 12. Somerton vicinity
- 16. Yuma Mesa
- 19. Mohawk Valley

August

- 5. Gadsden
- 6. Yuma Mesa
- 7. Somerton vicinity
- 18. North & South Gila Valley

September

- 8. North & South Gila Valley
- 9. Gadsden
- 23. Somerton vicinity
- 25. Mohawk Valley
- 28. Upper Valley

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project B - Home Economics Extension (con't)

October

- 13. North & South Gila Club
- 14. Gadsden

November

- 5. Yuma Mesa
- 10. North & South Gila
- 11. Somerton vicinity
- 27. Mohawk
- 30. Crane

Sub Project C - Home Makers Council

A county-wide home maker council, whose function is to determine program content for Home Demonstration work in the county, has become progressively a reality. By way of recording progress made to the time, the following is told: During the war period it was impossible to hold county wide homemakers councils because of the restrictions in travel which war brought. The Agent found it necessary to go from group to group in order to formulate plans. These groups decisions were pooled for a county decision. Then it was she met individually with program committees and planned with them for the year for this particular club. The Victory Year Book, supplied by the State Office, was used for posting these programs, and was distributed to members.

Since 1946, the County Office has published its own Home Maker's Year Book. The general outline has each year been as follows; County goals; Club enrollment; Officers; Suggested programs subjects; Homemakers Creed; a Calendar of month meetings. Also scattered through the book have been timely quotations and space has been provided for note taking.

For the past two years, year books have been made for each club. This has entailed working with program committees from each club separately. It has had certain advantages because less has had to be written in and clubs have been able to proceed in a better organized fashion.

The last six years have seen a real advance in Home Demonstration planning through the Home Makers Council.

In October 1948, the County Council meeting resulted in members selecting the following for club study during the year 1949:

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project C - Home Makers Council

Foods and Nutrition

Use of Plentiful Foods
Preservation of Foods by Freezing
New Methods of Freezing Citrus Foods
Nutrition

Clothing

Making over Clothes
Tailoring Techniques
Selection of Foundation Clothing
Making and Buying Children's Clothing
Home Dry Cleaning
Laundering Wool Sweaters
Basic Patterns

Home Furnishings

Color
Problem Windows
Draperies
Types of Furniture
Furniture Rejuvenation
Furniture Finishing and Repairing

In October of 1949, the County Council Meeting resulted in recommendations for the year 1950:

After consultation with the State Office, the following dates, for the year 1950 were set for work in Yuma County:

January

4-H Clothing Leader Workshops
Tailoring School Achievement meeting

February

Nutrition Leader Meeting "Meals that Can Wait"
4-H Leader Meal Planning Work Shops

March

Nutrition Leader Meeting "Salads Using Local Grown Foods"

April

Home Furnishing Leader Meeting "Special Wood Finishes"

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project C - Home Makers Council

May

Clothing Leader Meeting "Pattern Alteration"

June

Clothing Leader Meeting "Pattern Alteration"

September

Home Furnishing Leader Meeting "Lighting"

October

Home Furnishing Work Shop "Lamp Shades"

November

Clothing Leader Meeting "Wardrobe Planning"

With the exception of the meeting on "Wardrobe Planning", the meetings were carried out as planned.

The Fall of 1950, the Council made plans for work with the specialists during the 1951 year as follows:-

January

Clothing Leader Meetings "New Techniques"

February

Home Management Leader Meeting "Laundry Methods"

4-H Home Management Leader Workshop

November

Nutrition Leader Meeting - "Food and Entertaining"

In 1951 the following requests for specialists help were made:

Clothing

Work shops on better dress. February, 1952

Wardrobe Planning October, 1952

Foods

Good Breakfast. March, 1952

Food at Mid-Day December, 1952

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project C - Home Makers Council

Home Furnishing - Home Management

Room Accessories January, 1952
Care of Household Equipment November, 1952

In October, 1952, the Yuma County Home Maker Council held its annual program planning meeting. It took the form of a luncheon at Clymers with Miss Jean Stewart, State Leader of 4-H Club, as guest speaker. Thirty delegates were present representing the following clubs: Gadsden Home Demonstration Club, Rood Home Demonstration Club, Somerton Vicinity Home Demonstration Club, and Parker Home Demonstration Club.

To set the pace for planning, the Agent, previous to the meeting, sent to all clubs copies of the leaflet "What's Ahead for Homemakers". This was an adaptation of leaflets discussed at the State Conference for Home Demonstration Agents in June.

As a result of the meeting the following suggestions for Specialists were sent to the State Office:

Clothing

Dresses that Work for You March, 1953
Study of New Fabrics October, 1953
4-H Projects March & October, 1953

Foods

Preparing Menus for the Freezer May, 1953
Safe Reducing December, 1952
4-H Projects December, 1952

Home Furnishings - Home Management

Short Cuts in Management February, 1953
Wall Accessories November, 1953
4-H Projects February & November, 1953

This current year, the County Homemaker Council meeting was held on Wednesday, September 30th. This required a last minute adjustment because of a conflict both in the County and in the State Office. In the plan as submitted in the Fall of 1952, a day during the week of October 5th had been requested. The date as set by the State office conflicted with a Yuma County election and a number of the Council members were on election boards. Miss Jean Stewart, State Leader of Home Demonstration

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project C - Home Makers Council (con't)

Work, graciously changed the date from Tuesday to Wednesday for this reason.

Another variation from previous years occurred this year due to the fact that the Home Economics Division premium list for the County Fair was up for revision. Since the greater portion of Fair Superintendents were also Council members the task of revision was included in the meeting.

Seventeen leaders from nine communities attended the meeting which took the form of a luncheon at Clymer's Tea Room. Miss Jean Stewart, State Leader of Home Demonstration work, opened the meeting with a very informative presentation of the problems that develop with family increase and growth. The leaders were divided into interest groups during the luncheon as follows: Nutrition; Clothing; Home Improvement; Fair Premium list for Foods; Fair Premium list for Clothing; Fair Premium list for Canning and Freezing. In the afternoon the group became a committee of the whole, heard the recommendations from the interested groups and voted on requests for specialists' help in 1954 as well as the changes to be made in the Home Economics Division of the Yuma County Fair catalog.

Requests for specialist help were as follows: Nutrition, Enrichment program with emphasis on (1) bread making in general (2) special occasion breads;

Clothing, Short cuts in sewing with emphasis on (1) making western clothes (2) altering ready-to-wear;

Home Furnishings, floor coverings with emphasis on (1) buymanship (2) care and upkeep of rugs and linoleums.

Since the meeting the following schedule for 1954 has been set up with the state office:

Home Furnishings, Miss Grace Ryan, State Specialist presenting "Floor Coverings" - First week in November.

Nutrition, Mrs. Elsie Morris, State Specialist presenting "Enriched Bread" - Third week in March.

Clothing, Miss Helen Church, State Specialist presenting "Altering Ready-to-wear" - First week in April.

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project Home Makers Council (con't)

Time has also been allowed for Leader Training 4-H meetings in the above weeks. In addition, Miss Church will be in the County the third week in January for special work with advanced 4-H Clothing Project members.

Sub Project D - 4-H Clubs

It has become the custom to submit a separate report for 4-H club work.

It is deemed advisable to also include the report in the Home Demonstration Agent's Narrative for the following reasons:-

- (1) Approximately half of the time of the Agent has been devoted to 4-H Club work.
- (2) Printed form ES - 21 (Revised June, 1953) by the Extension Service, Washington, D. C., states "The Annual Report is a record of the Year's work put into convenient shape for future reference.

From December 1952 to December 1953, Home Economics 4-H clubs in Yuma County have been in operation and have shown completions. Data is submitted for clubs whose year's work closed September 10th. Clubs organized since then will be submitted in next year's report. Home Economics enrollments and completions by clubs for 1953 are as follows:-

<u>Club</u>	<u>Enrollments</u>	<u>Completions</u>
Crane		
Jolly Commuters	11	11
Taste & Baste	25	22
Gadsden		
Stitch and Cackle	3	3
Go-Getters	19	16
Gila		
North-Up & Coming	8	8
Parker		
Stitch & Ditch	14	9
Poston	29	22

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

<u>Club</u>	<u>Enrollments</u>	<u>Completions</u>
Quartzsite		
Hi Jolly	5	3
Rood	10	9
Roll		
Busy Bees	10	10
Antelope	4	3
Salome	6	6
Somerton		
Little Women	8	7
Jr. Homemakers	18	14
Wellton		
Desert Queens	17	15
Wenden		
Harquahala	7	7
Yuma Mesa		
Saving Basket	3	3
Hem and Ha!	14	14
Jackrabbits	3	2
	<u>214</u>	<u>184</u>

Per cent completions - 86

During 1953, the Home Demonstration Agent spent 155 days with 4-H club work. This represented 54 percent of the total for the Home Demonstration program. However, when compared with the year 1952 the percentage is a little less.

For the past seven years, Yuma County has had an Assistant County Agricultural Agent who has been organization leader in 4-H Work for the County. New features have consequently been introduced into the program, such as: A Junior Agricultural Fair or County Fair, Recognition Banquet, night meetings for the older youth, County Council meetings. All of these events have made an increased demand on the Agent's time.

State workers who have visited the County for one or more days during the current year, in the interest of 4-H Home Economics club work are as follows:-

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Sub Project D - 4-H Clubs (con't)

January

Mrs. Ellen Kightlinger, Assistant State 4-H Club Leader
Mrs. Elsie Morris, Extension Nutritionist

February

Mrs. Ellen Kightlinger, Assistant State 4-H Club Leader

March

Miss Helen Church, State Clothing Specialist

April

Mrs. Ellen Kightlinger, Assistant State 4-H Club Leader
Mrs. Isabel Pace, Home Demonstration Agent
Miss Lucinda Hughes, Home Demonstration Agent

October

Miss Helen Church, State Clothing Specialist

November

Miss Grace Ryan, State Home Management Specialist

The events incident to the above visits were as follows:

Training meetings for demonstrations and for judging; Leader meetings in clothing projects; Judging at the County Fair.

The second week in September, Mr. Ray Weick, Assistant County Agent in charge of 4-H club work arrived in Yuma and assumed his duties.

Each year the Fair is the big event on the 4-H calendar. The first Fair took place on April 6, 1946 and was cooperated in by the Agricultural Extension Service and the vocational classes at the High School. The event was sponsored by the Yuma County Senior Chamber of Commerce. Since it was the first such fair attempted in the County, more the usual amount of organization work had to be done in preparation. An effort was made to simplify the activities so that better grading could be accomplished. Finally the girl's 4-H work was divided into two main divisions. (1) Exhibits, mainly clothing (2) demonstrations.

This was a one-day Fair and was culminated in the afternoon by a dress revue and announcement of awards. In 1947, the Fair date was April 12. However, in order that more people might visit the Fair, it was thrown open to the public Friday evening April 11 as well as all day Saturday, April 12.

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

The Home Economics division was divided into three general divisions. (1) Exhibits (2) Demonstrations (3) Judging contests. By far the greater portion of exhibits were clothing work.

This second year saw a total of twenty-four demonstrations given in the Junior and Senior divisions. Judging contests were held in both clothing and foods.

Beginning in 1948 and until this current year, the Fair has been open to the public for two complete days. Dress Revues have been held in the evening and have been supplemented by a program from the various clubs.

Because of the availability of such food supplies as sugar and fat, in 1948, there were entries in foods, baked goods from the three years of meal planning project requirements were selected for the premium list as follows: Baking Powder Biscuits; Muffins; Gingerbread; Butter cake; Sponge cakes; Yeast Rolls. Entries were good both in amount and quality for the first year's showing.

In 1948, the poster exhibit at the Fair took a different form in that it was put on an individual rather than a club basis.

Gym bleachers were used, the steps covered with paper and used for shelves for food entries. These were placed on paper plates and covered with long strips of cellophane. The posters were thumb-tacked to the side of the steps and green rosettes were used as a trim.

1948 also saw the introduction of a frozen foods premium list. A freezer unit was loaned by a local firm for display purposes and a good start made toward including such a division in future Fairs.

In 1949, the Junior Agricultural Fair took place the eighth and ninth of April and, as in previous years, was held at Crane School. In the clothing exhibit, blue ribbon dresses were exhibited on special standards for the first time. There were exhibited frozen foods also. Two upright home freezers were loaned by local firms. In the foods exhibit, two bleacher sections were covered with white paper, decorated with 4-H rosettes and used to display the entries. Foods poster entries showed an increase in both number and quality.

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

For the first time, a theme was selected and carried through for the dress revue in 1949. The theme was the 4-H Record Book. Four girls, recent Chicago trip winners, dressed in pastel formals, were mistresses of ceremonies. Mona Berry was narrator and used her own record book to talk from. A large record book formed a door through which the dress revue girls stepped. Opening and closing the door were Betty Jo Frauenfelder and Mary Lott. Joan Cannon Brown assisted Mona Berry as narrator. In 1949 there were thirty-three Home Economics demonstrations.

In 1950, exhibits at the Fair showed a marked increase in the foods division. Exhibits conformed closely with the entry list which in turn had been made to conform with requirements for the different project years. Frozen Foods exhibits showed the greatest increase in entries of any division.

The theme for the Dress Revue was Fashions in the Sun. A back drop with cathedral windows through which special lighting effects were arranged was used. The Revue itself was well done and showed an improvement in form over previous years. Between scene entertainment consisted of the following: A Spanish Dance by the Gadsden Go-Getters girls; a Tumbling Act by the Somerton Girls; Two solos (4-H Songs) by Myrna Ellis of the Little Women Club.

The year 1951 earned an advance in community leadership in preparation for the Fair. There were two pre-County Fairs as follows: (1) The Wellton Kiwanis Club sponsored a pre-County Fair for the communities of Roll and Wellton. (2) Gadsden had a pre-county fair at the Gadsden Grammar School.

Organization of the Fair was planned through the County 4-H Leaders' Association and the County 4-H Council. This included such details as: Catalogue, entry forms, superintendent sheets; rules concerning exhibits and exhibitors; appointment of superintendents and assistant superintendents; committees for Dress Revue.

Special mention should be made of the catalogue which in 1951 for the first time, was full paper size and exhibited an improved organization and style over previous years.

Dates for the Fair in 1951 were April 13 and 14. However, since all clothing entries for the Fair had to be in by Wednesday at 5:00 p.m. and since setting up for booths, decorations, etc., had to be done prior to that, it really meant that the Fair for Home Economics workers extended from April 10 to 14.

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Sub Project D - 4-H Clubs (con't)

Again in 1951, the overall decoration of booths was done by Home Demonstration Clubs. Three Home Demonstration clubs, as such, were active in setting up the physical plants, such as repairing and building dress standards, making the letters which spelled out the names of the clubs or communities, setting up the booths and doing the over-all decorations. These clubs were: The Gadsden Home Demonstration Club, The Upper Valley Home Demonstration Club; the North and South Gila Home Demonstration Club.

In 1951, the Dress Revue was held out doors. A special stage was built by the school and a carpenter employed by the 4-H Council.

In 1952, the Junior Agricultural Fair, in many ways showed an improvement over previous years. Planning meetings of special groups were very effective among which can be mentioned: 4-H County Council; 4-H Leader Council; DressRevue Committee; Superintendents Committees.

The 4-H County Council this year financed the building of booth partitions. They were built of celotex with board frames and can be stored away as a permanent part of Fair equipment. These partitions were a great help in setting up the school auditorium for the displays. The Dress Revue stage setting in 1952 was the most elaborate and the most successful yet attempted; a huge flower out of the center of which the Dress Revue girls slipped.

For the first time in 1952, a cash award of ten dollars was given to the overall Junior Dress Revue winner. It went to a girl from the Bouse 4-H Club in the northern part of the County.

This year of 1953 has seen a radical departure in the Fair in that it has been expanded to be a bonafide County Fair of which 4-H is one division. A large plot of land beyond the Yuma Country Club has been designated as Fair Ground and the Pan-American Amusement Corporation was contracted with to furnish exhibit tents and amusements. Since the plot was raw land it was necessary to dig a well, to build rest rooms as well as to move all 4-H cattle sheds, etc. There were no funds to begin with and it is much to the credit of the Board of Directors that the Fair closed with a good surplus with which to make improvements for the coming year. From the publics viewpoint the Fair was a huge success.

In 4-H, there were twelve community booths prepared by the following clubs: Crane Taste and Baste, Jolly Commuters, Gadsden Go-

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Sub Project D - 4-H Clubs (con't)

Getters, Gadsden Stitch and Cackle, North Gila Up and Coming, Parker and Poston, Quartzsite Hi Jolly, Roll Busy Bees, Antelope, Rood Merry Maids, Somerton Junior Homemakers, Little Women, Wenden Harquahala, Salome, Yuma-Mesa Hem and Ha! and Yuma-Mesa Sewing Basket. Of these booths, the Somerton Junior Homemaker Club received top score. However, they were all very well done and reflected credit on the 4-H club program.

The 1953 Dress Revue was, however, both satisfactory and disappointing. It was satisfactory because the girls participating did the best job of modeling of any year so far. They were, without exception, poised and business-like. Their garments fitted them unusually well and they really looked quite professional. In the Senior party dress division there was particularly close competition. Finally the judges gave Charlotte Salyer one point more than the three who tied for second place. These were Joan Koogler, Delia Torres, Betty Bickers.

The disappointment about the dress revue came from the availability of the stage. The practice which was planned for the morning of the revue had to be called off because of broadcast activities and no opportunity was provided for any advance planning. Seven o'clock was a disappointing hour because people couldn't arrive that early and there were no dressing room facilities - girls had to take their things home to dress. No decorating could be done as in previous years. It would seem that the auction pavilion with its bleachers and with perhaps some ramps, etc. built might be a solution another year. It is to be considered at any rate.

APRIL 9, 1953

THE YUMA COUNTY FARMER

Yuma County Fair Opening Is End of Eight-Year Drive

The Yuma County Fair opened Wednesday evening after eight-year buildup from the first Junior Agricultural Fair in 1946. That early fair, which was planned in 1945, is the foundation of this week's celebration.

Exhibits were slim in the post-war year when the first junior fair was held. Only one calf was shown, although rabbits and poultry projects were more numerous.

Slowly, year by year, 4-H and Future Farmers of America exhibits increased at the junior fair. Cattle projects doubled, then tripled and other displays increased in proportion.

New divisions were added each year and the introduction of the dress revue and livestock sale gave the fair a much-needed boost.

Crowded Fair

By 1950 fair leaders realized that the Crane School grounds, where the junior fair was being held, was rapidly becoming much too crowded for future fairs. The school was also expanding and the presence of the fair, although only for two days each year, was straining facilities.

Talk of a Yuma County Fair had been prevalent for years, ever since the last fair closed in 1919. But junior fair officials could not see how they could incorporate their sectional fair into a county-wide celebration at that time.

Expansion Plans

In 1951 additional expansion plans for Crane school were in the paper stage and the junior fair had grown to huge proportions. Still, there was very little that fair officials could do — there was no place to move.

But in 1952 the possibility of a county fair became very strong. The Junior Chamber of Commerce offered the use of their rodeo grounds as a fair site and took options on additional land surrounding the rodeo grounds so that parking facilities could be obtained.

Petitions for a county fair were circulated and Yuma county residents signified that they were more than ready to have a fair.

Opposition

But opposition was brought against the plan. The rodeo grounds were limited — there was no room to expand. Future fairs might end up the same way that the junior fair had.

However, the United States Bureau of Reclamation had just deeded 80 acres of land to the board of supervisors for use as a recreational area. True, the land was located five miles from town and had a number of shallow hills on it, but it was a possibility.

Junior Fair officials agreed that it could well be the sight of a Yuma County Fair but a number of problems still faced them. Who should run the fair and where would the money for the first fair come from were two major problems.

The supervisors declared that they could not take over a fair so the matter was stalemated.

Spring Promotion

But Yuma businessmen were looking for a way to put on a promotion in the spring — a promotion that would be tied in with the county's principal industry — agriculture.

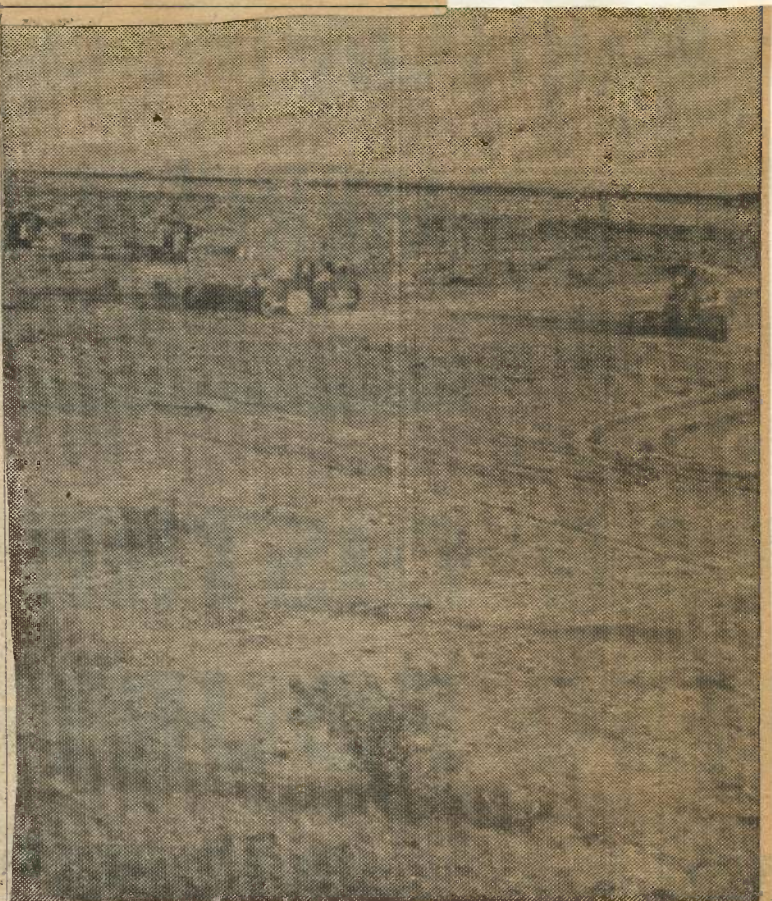
A lettuce festival was discussed by the merchants committee of the Chamber of Commerce but reception was cool from many quarters. Then came the suggestion, "Why not a county fair plus a promotion?"

The idea spread, junior fair officials were called in and work began. Although it was very late in 1952 to begin work on a fair, merchants and farmers agreed to go ahead.

A fair committee was set up with George Britt, chairman of the Junior Fair Board, heading it. And the problems started flowing thick and fast.

Money was Problem

Money was the number 1 prob-



FAIRGROUNDS . . . Tractors and scrapers cut away desert covering on the Yuma county fairgrounds last winter. The grounds were originally a sandy desert portion of 80 acres belonging to the government. The acreage was later given to the county for use as a recreational area. (Farmer Photo)



STAKE OUT . . . Bill Power watches as other volunteer workmen stake out the county fair grounds during leveling process. Most of the work on the fair grounds was donated by Yuma county businessmen and farmers. (Farmer Photo)

Schedule

The schedule for the five-day Yuma County Fair is:

Wednesday, April 8

6 p.m.—Official opening of fair.
8:30 p.m.—Coronation of Loraine Franklin as queen.

Thursday, April 9

7 a.m.—Weighing of sale animals and accepting agricultural exhibits.

12 noon—Fair gates open for public.

1 p.m.—Judging garden, crops, handicraft exhibits.

2:30 p.m.—Professional stage show.

3 p.m.—Judging rabbits, livestock.

9 p.m.—Professional stage show.

Friday, April 10

8 a.m.—Livestock judging contest, judging of swine, sheep, dairy, beef exhibits.

12 noon — Fair gates open to public.

2 p.m.—Professional stage show.

2:30 p.m.—Judging of beef exhibits.

9 p.m.—Professional stage show.

Saturday, April 11

8 a.m.—Vegetable judging contest.

9 a.m.—Rabbit judging contest.

10 a.m.—Kids' day begins, fair gates open.

12:30 p.m.—Kiddie costume and pet parade.

1 p.m.—Livestock sale.

7 p.m.—Dress revue.

9 p.m.—Professional stage show.

Sunday, April 12

12 noon—Fair opens to public.

3 p.m.—Presentation of awards.

3:30 p.m.—Professional stage show.

5 p.m.—Exhibits removed.

9 p.m.—Final drawing.

Girls' Dress Revue Is Set for Saturday



TINY MODEL . . . All types of dresses will be shown during the Dress Revue Saturday such as this one for the younger set. The dress was made by a 4-H girl. (Farmer Photo)



TOP MODEL . . . Pretty Myrna Ellis of Somerton models a suit and coat that she made this year. Myrna is entered in the Dress Revue, which is scheduled for Saturday night. (Farmer Photo)

Pretty girls plus pretty clothes make a pretty fine show.

This show will take place Saturday night at 7 p.m., during the annual dress revue held each year by 4-H and Future Homemakers of America.

Divided into a senior and junior section, the dress revue is a fashion show of clothes modeled by girls who made them during the past six months.

The senior revue is portioned into five lots — school outfits, sports outfits for play or work, dress outfits, tailored outfits and party dresses. The school outfit includes garments made of cotton, wool, rayon or other suitable fabric made into a one-piece dress, two-piece outfit or jumper and blouse.

Sports Outfits

Sports outfits are made of cotton, wool or rayon and are complete outfits for working inside or outside the house. Examples are slacks with blouse, western shirt and frontier pants or two and three-piece combination play suits, including a skirt.

Dress outfits are street length one or two-piece dress of cotton, wool, rayon silk or other suitable fabric for school parties and other social events.

Tailored outfits are generally made of wool or some other suitable material and includes such garments as tailored dresses, suits, ensembles or a coat and dress.

The fifth lot — party dresses — are ballerina or floor-length dresses and slip for special occasions. This outfit may be of cotton, rayon, silk or other material.

Junior Section

The junior dress revue portion is composed of girls who have not reached their 14th birthday by Jan. 1, 1953. The three lots include apron and mitt-potholder, skirt and blouse or jumper and blouse and a dress.

Girls in the junior dress revue are in their first year of sewing. Mitt potholders, one of the earliest sewing projects, are hot pads made to fit like a mitten for use in lifting hot pans.

The aprons are simple, peasant style, made to tie around the waist. These are made by girls in their second year of sewing.

Third year sewing girls make dresses for the revue.

Senior dress revue contestants, who are in 4-H work, are eligible for a free trip to the 4-H Roundup in Tucson this year as first place prize. These girls must have completed at least three years of clothing work. The junior dress revue winner will receive a prize of \$10.

Useful Articles

The value of the dress revue lies in the fact that the girls are making useful articles while learning to sew. Many of the dresses make excellent supplements to the girls' wardrobes.

The dresses are judged as to workmanship previous to the dress revue. During the revue judges classify the girls on how the garment fits and how the girls act while modeling.



TWO-PIECE OUTFIT . . . A 4-H girl models a blouse and skirt that she made for the Dress Revue. All dresses shown were made by 4-H.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Demonstrations

For the first time this year, the County 4-H demonstration contest was held separately from the 4-H Fair and it proved very much a success both in the number of participants and in the quality of demonstrations. Thirty-six Home Economics demonstrations were given. The list is as follows:

<u>Junior Clothing</u>	<u>By</u>	<u>Ribbon Award</u>
Sewing on Buttons	Gerry Smith	White
Darning a Sock	Lorraine Kamrath	Red
Sewing in a Zipper	Margaret Faulkner	Blue
Making a Garment Protector	Alice Keene	Red
Seam Finishings for Cotton Fabrics	Joyce Barry	Blue
Matching Plaids	Eula Ryan and Cecelia Gonzales	Blue and Purple

Senior Clothing and Room Improvement

Making a Bound Buttonhole	Helen Faulkner	Red
Clothing Selection	Susan Rohrbough	Blue
Grain Line	Goldie Price	White
Flat Felled Seams	Maridean West	Red
Planning a Wardrobe for Summer	Sandra Gaines	Red
How to Read and Mark a Printed Pattern	Karen West	White
Tip Top Beauty	Marilyn Carlisle	Blue
Color Harmonies	Joan Koogler	Blue

Senior Foods

Peeling & Sectioning a Grapefruit	Barbara Taliwood	Blue
Around the Clock with Cheese	Charlotte Salyer & Betty Smith	Blue
The Milky Way with Cream Puffs	Myrna Ellis	Blue
Preparing a Cherry Pie for the Freezer	Betty Bickers	Blue
Freezing Green Peas	Corrine Moore & Claudia Yowell	Blue

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Demonstrations (con't)

<u>Junior Food</u>	<u>By</u>	<u>Ribbon Award</u>
Packing a Lunch Box	Susan Gilliland	Red
	Lupita Gradias	
Gingerbread	Kay Prickett	Red
	Reba Briscoe	
Making Biscuits	Dorothy Atherton	Blue
	Patsy Meason	
Washing Dishes	Nelya Warner	White
	Suzanne Heinitz	
Cake Icing	Linda Shawn	Red
	Judy Breech	
Setting the Table	Penny Erickson	Red
	Sharon Logan	
Eating Habits	Jackie Gaither	Blue
	Eloye Surber	
	Ira Price	
Measuring	Ann Harrell	Blue
	Joan Watkins	
Measuring Cooking	Shiela Endsley	Red
Ingredients	Patricia Endsley	
Correct Measurements	Rita Baxter	Blue
	Christine Sibley	
Proper Measuring	Irene Torres	Red
	Caroline Turner	
Measuring	Linda Bordges	Blue
Sectioning Grapefruit	Karen Standsberry	Blue
How to Make a Cheese		
Omelet	Laurene Harding	Blue
Table Centerpieces	Ellen Richardson	Red
How to Make Cocoa	Barbara Bann	Red
Soft Custard	Elaine Betts	Blue

Judging

In 1951 and 1952, Home Economics judging was not included with the Fair program but was held as a separate event following the Fair. This current year, because the Demonstration contest was not held during the Fair, it was decided to hold the Judging contests on Saturday morning of Fair week. Rings in both Foods and Clothing were set up following the plan of those to be used at the Round-Up.

In Clothing written reasons were given for pattern, fabric and findings both Juniors and Seniors. Oral reasons were given for blouses

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1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Judging (con't)

and dresses. In food preparation, written reasons were required for menus, both Junior and Senior. Oral reasons were required for custards (Juniors) and cakes (Seniors). Results were tabulated and ribbon awards made at the awards assembly on Sunday, April 12. In all, seventy-one girls took part in the 1953 Yuma County 4-H Judging Contest.

Sweepstakes

At the 1953 Fair, as in previous years, Sweepstakes were determined by the number of points earned by each 4-H member. Every blue and red ribbon represented a given number of points.

Home Economics winners in this individual contest were:

1. Charlotte Salyer
2. Betty Smith

Club Sweepstakes were determined by the average number of points accumulated per club member in the club. Winners in the contest were:

1. Somerton Junior Home Makers
2. Gadsden Go-Getters

Some statistical results from the fair are as follows:

202 - exhibitors
435 - clothing exhibits
 149 - 1st year
 122 - 2nd year
 91 - 3rd year
 73 - advanced

322 - food exhibits
 151 - 1st year
 64 - 2nd year
 53 - 3rd year
 32 - 4th year
 22 - advanced

57 - food preservation exhibits
 10 - canning
 47 - freezing

15 - Home management and room improvement
 exhibits

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Roundup

A delegation of thirty-five 4-H boys and girls attended the Roundup all taking part in one or more contests. In home economics, Yuma County had entries in judging, demonstrations and Dress Revue. In addition, the following girls participated in special events: Myrna Ellis was master of ceremonies for the program honoring the Arizona delegates to the National 4-H Camp. In this program, Rosalie Robles led the group in the 4-H pledge and Charlotte Salyers lead the group singing. On the entertainment program for the banquet, Jens Johannsen played a piano solo and Myrna Ellis did a ballet dance.

At the 4-H Roundup, a total of five foods demonstrations were given by Yuma County contestants. Three of these were dairy foods as follows:

Senior Dairy Foods team - "Around the Clock with Cheese", Charlotte Salyer and Betty Smith - a blue ribbon award.

Senior Dairy food individual - "Extending use of Dairy Foods with Cream Puffs", Myrna Ellis - blue ribbon award.

Junior Dairy Foods individual - "Making a Cheese Omelet", Laurene Harding - blue ribbon award.

The one Food Preservation demonstration was as follows: "Preparing Green Peas for the Freezer" by Claudia Yowell - blue ribbon award and a medal.

The one Food Preparation demonstration was as follows: "Making a Cherry Pie" by Betty Bickers - red ribbon award.

In judging, the senior food preparation judging team consisted of Charlotte Salyer, Betty Smith, and Betty Bickers - red ribbon awards.

The Junior Food Preparation judging team consisted of Cecilia Gonzales, Eula Ryan and Linda Waddell - white ribbon awards.

Three clothing demonstrations were given as follows:

Senior Clothing Individual - "Tip Top Beauty" by Marilyn Carlisle - blue ribbon award.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Roundup (con't)

Junior Clothing team - "Matching Plaids", Eula Ryan and Cecilia Gonzales - blue ribbon awards and medals.

Junior Clothing individual - "Sewing in a Zipper" by Margaret Faulkner - white ribbon award.

In judging, the Senior Clothing team was as follows: Rosalie Robles, Helen Faulkner, Mary Ann Rushin, receiving white ribbon awards.

The Junior Clothing team was as follows: Laurene Harding, Margaret Faulkner, Joyce Barry. Blue ribbon awards and Laurene Harding, medal.

Five Yuma County girls were dress revue contestants as follows:

Charlotte Salyer	Party Dress	Blue ribbon award
Marilyn Carlisle	Best Dress	" " "
Helen Faulkner	Sports Outfit	" " "
Mary Ann Rushin	Tailored Outfit	Red ribbon award
Jane McCabe	School Dress	" " "

One demonstration in Home Furnishings was given at the Roundup by a Yuma County contestant as follows: "Color Harmonies" - Joan Koogler, Blue ribbon award and medal.

In Judging, a senior home furnishing team entered the Roundup contest as follows: Myrna Ellis, Sandra Gaines, and Joan Koogler, blue ribbon and Myrna Ellis received a medal.



D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Roundup (con't)

Five Yuma County
Dress Revue Con-
testants at
Roundup. Left
to right -
Marilyn Carlisle
Charlotte Salyer
Mary Ann Rushin
Helen Faulkner
Jane McCabe
(girls are not in
costume)



Yuma County Home
Economics Demonstra-
tion contestants.
Front row, left to
right -
Margaret Faulkner
Eula Ryan
Laurene Harding
Myrna Ellis
Claudia Yowell
Back row: left to
right -
Marilyn Carlisle
Betty Smith
Charlotte Salyer
Cecilia Gonzales
Joan Koogler
Betty Bickers



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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project -D 4-H Clubs (con't)

"Make It With Wool Contest" (con't)

This current year five Yuma County 4-H girls entered the contest, making costumes from one hundred percent virgin wool and modeling them at the State Fair in November. They were as follows:

Charlotte Salyer - A Miron Wool Flannel outfit in plain powder blue combined with a shepherd's check in matching blue and navy. Her costume consisted of a dress and boxy lined jacket. She had blue accessories and yellow gloves for accent.

Marilyn Carlisle - A Cambridge Gray Flannel outfit consisting of a circular skirt and lined Eton jacket. The jacket lining, full petticoat and blouse were of turkey red taffeta. She had made a close fitting hat of the gray flannel. Her accessories were of old gold and taffeta.

Helen Faulkner - A Miron Wool Flannel outfit (same material as Charlotte Salyer's). Helen made a dress and close fitting lined jacket. Her accessories were black with a small sequin trimmed hat.

Sandra Gaines - A wheat yellow wool crepe dress of very interesting design. She had black accessories and pink gloves for accent.

Joan Koogler - A sport dressmaker suit with a boxy lined jacket and a close fitting skirt with decorative pockets. Colors were alice blue and mauve.

Charlotte Salyer was the prize winner of the group but all the girls looked very nice and did a remarkably fine job all things considered. The Agent had them on television over KIVA Thanksgiving Day at 6:30 in the evening. It was a fifteen minute program. It took the form of a Fashion Show with the Agent acting as narrator.

Candidates for National 4-H Club Camp

For four years the E. F. Sanguinetti Co. has awarded a \$100.00 check to one boy and one girl selected on the basis of all round 4-H club work. This girl and boy have then automatically become Yuma County's candidates for the National 4-H Club Camp State Contest. However, this year proved to be an exception since

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Candidates for National 4-H Club Camp (con't)

Betty Bickers had won the Sanguinetti award in 1952. For that reason the award was given to Sandra Gaines as the runner-up.



Charles Kumley and Sandra Gaines receiving the E. F. Sanguinetti Award from Mr. Howard Gwynn.

Health

Each year, the Yuma County 4-H boys and girls devote at least one 4-H Club meeting to discuss health activities and ways to improve their health. A county contest is conducted to select the Senior and Junior boy or girl that has done the most to improve their health and to help other 4-H members and friends in their community to become more health-minded.

As health award, one Junior receives a \$5.00 award and one Senior 4-H club member wins a free trip to the State 4-H Roundup in June and becomes the Yuma County representative in the State and National 4-H Health Improvement contest. This year, the Senior winner for Yuma County is: Virginia Bobersky, Jolly Commuters.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Rural Life Sunday

In observance of 4-H club Sunday, 4-H members were encouraged to attend the church of their own choice, attend church in a body with other club members or to take an active part in the service.

Reports were received from 6 clubs telling their method of observance. The most popular was attending the church of their own choice, though several members did take part in the service and others asked that Rural Life Sunday be mentioned in the program.

National 4-H Club Week

National 4-H Club week was observed in Yuma County through newspaper articles, a radio program and a window display in E. F. Sanguinetti's.

Recognition Banquet

The County Recognition Banquet was held Saturday, October 24. As in previous years, it was held at Crane School auditorium with the food prepared by the Crane School Cafeteria Staff. While the attendance was down somewhat over previous years, still the event was a very successful affair. The Halloween motif was carried out in decorations. These were worked out by the Somerton clubs and they were very well done. The dinner and program followed the plans for previous years with two exceptions. We were not able to announce Chicago Trip winner Joan Koogler because her name had not been released by the State Office. In place of the announcement, Myrna Ellis told of her trip to the Congress last year. By popular opinion, Myrna "stole of show" of the entire evening. She was an excellent speaker and everyone was highly entertained. The entire program was as follows:

Master of Ceremonies Charles Kumley
President, Yuma County 4-H Council

Invocation Rev. James Nelson
Pastor, First Presbyterian Church

4-H Duet Myrna Ellis and
Jens Johansen at the piano Corinne Moore

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Recognition Banquet (con't)

Certificates of Leadership Albert R. Face
Yuma County Agricultural Agent

County 4-H Winners Mariel Hopkins
Yuma County Home Demonstration Agent
. Ray Weick
Yuma County Ass't County Agent in Charge of 4-H Club Work

The 4-H Congress as Experienced by a Delegate . Myrna Ellis

Special Award James Williams
Manager, Yuma Sears Store

Speaker Raymond Cowley
Secretary-Manager, Yuma County Chamber of Commerce

Installations
4-H Leaders' Association Officers
4-H Council Officers

Community Singing America

Because of the distance to travel, clubs from the northern part of the County have never participated in the County Achievement event. This year the clubs of Parker and Poston combined to have an Achievement Event of their own and it is to be an annual affair. It took the form of a potluck supper at the Agricultural Extension Service Center in Poston and was a very successful affair at least from the viewpoint of the Indian parents who came. They were very proud of the achievements of their children. The Agent took along the film strip "This is 4-H Club Work" from Purdue University. Miss Helen Church, State Clothing Specialist, accompanied the Agent and both took part in the program.

Special Events

February of each year is the month of the Silver Spur Rodeo in Yuma County. The 4-H organization participates with a street event consisting of a show of livestock, poultry and rabbits and a program on main street the Saturday before official opening. They also prepare a float for the Rodeo parade. This year the Home Demonstration Agent was active both with plans and actual construction of the 4-H float. The float was outstanding in appearance and publicized 4-H club work in a very attractive manner.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Special Events (con't)



Picture of the 1953 Silver Spur Rodeo float. Mrs. Dan Williams, President of the 4-H Leaders' Association is standing - Myrna Ellis, Jerry Power, Jens Johannsen, Betty Bickers, Sandra Gaines, Charles Kumley, 4-H Council officers are seated.

On January 22nd, the Agent invited all 4-H Foods Leaders to her home for a meeting with Mrs. Morris on 4-H Foods projects. This was an all day meeting with a luncheon at noon and featured judging and demonstration work. Results were very gratifying.

On Wednesday, October 21st a 4-H clothing leader meeting was held in Somerton. This took the form of a round table discussion of project requirements. All leaders attending have reported being greatly helped. At the meeting there was shown the need for a meeting with Miss Church on techniques for Advanced 4-H clothing members. A special request was made that Miss Church come to the county in January 1954 for such a meeting. This will materially help the girls in preparation for our Fair in April.

On November 16 a meeting was held in the Home Demonstration Agent's home with Miss Grace Ryan, Home Furnishings Specialist in charge. Two leaders and ten Home Improvement project girls were present and the time was spent in studying the requirements for the first and additional years in Home Furnishings.



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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Special Events (con't)

All present were much pleased with the help which Miss Ryan gave with Home Furnishing projects. Interest is undoubtedly growing in this division.

4-H Camp

The State 4-H Camp this year as last year was held on the Church Conference Grounds near Prescott and the Home Demonstration Agent was in charge of the delegation. Twelve 4-H boys and twelve 4-H girls attended representing nine clubs. The trip was made without mishap and all the 4-H'ers reported to their parents that they had had a wonderful time.

While at Camp the Yuma County Agent was assigned to be in charge of out-door cooking classes. In preparation for this, she prepared a scrapbook of current articles on the subject and wrote a pamphlet for distribution to class members. Early in the summer when enrollments for Camp were being received, several Junior Leaders came to the Agent requesting that they be allowed to do something as helpers while at Camp. The Agent wrote asking the decision of the State Office in the matter and having gotten their sanction, she called in the Junior Leaders to make plans. We met several times and worked at doing out-door cookery. From this came the plan of making charcoal stoves using as containers #10 tin cans. They worked out very well both for aluminum foil cooking and for skillet cooking. The Junior Leaders gave wonderful assistance with the classes at Camp and everything worked out satisfactorily.

State Leaders' Conference

It was necessary for the Agent to attend State 4-H Leaders' Conference at Flagstaff again this year even though it was not so originally planned. The resignation of Bob McCreight left no one from the County office who could attend with the exception of the Agent and it was necessary that a staff member accompany the Junior Leaders and the Leader from the southern part of the County. From the southern part of the county those making up the delegation were as follows: Mrs. Louise Power (senior Leader of the Jolly Commuters Club); Rosalie Robles (Junior Leader of the Hem and Ha! Club); Joan Koogler (Junior Leader of the Hem and Ha! Club); Corinne Moore (Junior Leader of the Jolly Commuters Club); Danny Johnson (Junior Leader of the Gadsden Club); Betty Bickers (Junior Leader of the Crane Taste and Baste Club)

D. PROGRAM OF WORK (con't)

(c) Project Activities and Events(con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

4-H Club Camp (con't)

and the Agent. From the northern part of the county were the following: Mrs. Mae Baldridge (Home Economist from the Colorado Indian Agency); Mr. Paxton (senior leader from Poston); Mr. Mason (senior leader from Parker); Conner Byestewa (Junior Leader from Poston).

The delegation left Yuma at 5:00 a.m. Tuesday, August 25 and returned at 7:00 p.m. Saturday, August 29. The Conference was very helpful to all who went. Regret was expressed that all leaders could not have attended. Of especial value were the work shops and the recreation. The latter was conducted by Mr. Heaton, Recreation Specialist from Utah. There has been one occasion since coming home when the Junior Leaders have been in charge of an evenings recreation program. They showed marked improvement in their ability to carry through a program. All in all, the trip was a very successful and happy affair.

While at Conference, the Agent served as a Judge for the demonstrations resulting from the demonstration work-shops. This was a very nice experience. The Agent felt that the classes must have been very successfully handled judging from the result. Mrs. Marietta Gaskill, Cochise County Home Demonstration Agent, was the person in charge.

County Council Meetings

The Agent has attended and taken part in the meetings of the County 4-H Council. Dates for these meetings have been scheduled to precede County events when it was necessary to formulate policies and plans.

This is the fourth year that Yuma County has had a 4-H Leader Council. This organization has been a big help in organizing and scheduling duties for all County 4-H events.

Some of these meetings may be listed as follows:

On February 21, the Yuma County 4-H Council and 4-H Leaders' Association met and important business relative to the County Fair in April was dispatched. This included a discussion of Fair catalog, entry blanks, superintendent's forms, etc. and appointment of needed committees.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Special Events (con't)

The Yuma County 4-H Council and 4-H Leaders' Association held a joint meeting at the Yuma County Chamber of Commerce building May 2. Twenty-one 4-H'ers and leaders were at the meeting. They discussed recommendations for improving the 4-H division at the County Fair to include exhibits, dress revue, auction sale, facilities, organization, concessions, health and safety booth, and a committee for revising the 4-H Fair catalog. The 4-H Roundup trip winners were announced. Mention was made that 4-H summer camp will be held August 10 to 14 at Prescott and Leaders' Conference August 24 to 28 at Flagstaff.

On Saturday, September 19, the 4-H Council and 4-H Leaders' Association held meetings. Attendance at both these meetings was satisfactory considering the extreme heat. Plans were formulated for the annual Recognition Event to be held October 24 at Crane School. Committee chairmen included: Program, Mrs. Dan Williams and Mrs. Harry Ellis; Decorations, Mrs. Howard Salyer; Properties, Mr. Bill Power; Table Setting, Mrs. Julian Cannon; Clean-up, Mr. Wilbur Power. The date of October 10 was set for a second meeting of the councils to elect new officers, hear committee reports, etc.

Recreation

In community clubs, recreation is a part of most every meeting and usually one or two meetings are set aside during the year for a complete meeting on recreation. In Somerton, Gadsden, Roll-Wellton and Parker areas there have been community Pre-Fair and recognition banquets or parties for the awarding of pins and certificates. This Fall there have been two county wide recreation events as follows:

On September 10, a county wide potluck and recreation event was held to welcome Mr. Ray Weick, new Assistant County Agent in charge of 4-H club work to the County. The place of meeting was the Rood Community Center. Approximately one hundred 4-H'ers and parents attended. The affair was much a success from start to finish - wonderful food followed by a get-acquainted program with Junior Leaders in charge.

On November 21 a fund raising county wide 4-H Pie Social was held at the Rood Community Center. The affair was very much a success even though due to the stress of other events, publicity was quite limited.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub-Project D - 4-H Clubs (con't)

Special Events (con't)

On May 13, a County wide meeting for all 4-H Junior Leaders was held at Crane School. This was an evening meeting - the purpose of which was to bring all Junior Leadership records up to date before turning them in for completion. Sixteen attended the meeting and quite a little was accomplished.

Sub-Project E - Reports

Reports from the Home Demonstration Agent's Office take the form of a monthly narrative and statistical report. Weekly reports have been practically impossible because of congestion in stenographic services or in the Agent's program.

The Agent has a calendar outline where she writes down appointments, makes notes concerning meetings, etc. Reports are largely made from this calendar.

XIII - Nutrition

In no phase of Home Demonstration work are the effects of a long term program more evident than in nutrition. Requests for assistance came from what communities have learned to be important sometimes extending many years back. For this reason, it seems hardly fair to tell of one years work in nutrition without going back for at least a brief account of teachings and accomplishments in previous years.

More than a decade and a half ago, Yuma County through the Home Demonstration service had an intensive course in child care. The Agent is still feeling the influence of this course and not a month passes that she does not have some requests for the literature from the Children's Bureau in prenatal, Infant and pre-school child care.

In 1949, the Agent added to her bulletin supply, the one entitled "Your Children from 6 to 12", published by the Children's Bureau of the Federal Security Agency. This last named went to Camp Fire Guardians, to Parent Teacher Association committee members as well as to our Extension Personnel. This current year, there have continued to be requests for this bulletin.

The long established custom of giving advice on food preparation means that the Agent is called on for advice in all phases of food preparation from supplying recipes to interpreting results.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

XIII Nutrition (con't)

Sub Project A - Food Production

Three factors have always influenced the growing of home vegetable gardens in Yuma County as follows: character of soil and water supply; climate; proximity of commercial vegetable growers. In a large portion of Yuma County, the soil is salt and does not lend itself to the growing of a variety of produce. Irrigation systems furnish water for comparatively large areas but are difficult to adjust for a small area such as a home vegetable garden. The growing season extends for the entire year with possible exception of two months in the extreme heat of the summer. Because of commercial truck gardens, Yuma County markets are abundant in both variety and amounts of fresh fruits and vegetables and at a cost less than that of production on a small scale. In short, the growing of home vegetables and fruits is not generally practical in Yuma County. There are, of course, certain exceptions.

Always, the Home Demonstration program in Yuma County, in all phases of Food production, has been subsidiary to that of the County Agricultural Agent. The Home demonstration agent has included timely information on poultry and egg production as well as home gardens in her publicity. 4-H garden and poultry projects are supervised by the Assistant County Agricultural Agent.

Sub Project B - Food Preservation

A part of the Home Demonstration Agent's time each month of the year is occupied with dispensing information on food preservation. This is because food material grows in Yuma County the year round.

However, this presence of fresh food materials has made Yuma County not one which cans or freezes heavily. The practice is to preserve the surplus which occurs and to use it to supplement the fresh vegetables and citrus fruits of the long growing season. Such fruits as apricots, peaches, pears, plums, cherries do not grow to any extent locally. The last few years there has been rather large scale trucking of such fruits from California which has stimulated home canning and freezing. Then, too, since Yuma is located on the border of California orchards, many homemakers go to California for the purpose of canning and drying the fruit.

The year 1943 saw an effort to make the drying of vegetables in Yuma County practical. Dehydrators were built in farm communities and two result demonstrations conducted. While the dried products were fairly palatable, yet, without exception, homemakers preferred canned foods. Drying was not deemed of much practical use in Yuma County because surplus can better be conserved by canning or freezing.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

XIII Nutrition (con't)

Sub Project B - Food Preservation (con't)

In 1943, also, when pressure canners were being rationed approximately one hundred new pressure canners were purchased in Yuma County. This has, in all subsequent years, helped materially the home canning of food materials. In years past, some work has been done by the Agent in testing the accuracy of pressure gauges. However, Yuma County's dry climate, together with sea level altitudes, tend to keep gauges accurate and to minimize the importance of such testing.

The last six years have seen a decided decline in canning in favor of freezing as a method of preservation. This seems to be due to the greatly increased facilities for freezing. In September of 1945, a commercial freezer storage locker plant was opened for trade with more than sixty percent of the rentals going to rural people. This plant is at present operating at peak capacity. In addition, the last six years have seen home freezer cabinets installed in a great many of the rural homes in Yuma County.



Mrs. Julian O. Cannon, Yuma County Home Maker, Superintendent of the Home Economics Division at the Fair and former 4-H Club Leader, selecting food material which she packaged for her home freezer.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

XIII Nutrition (con't)

Sub Project B - Food Preservation (con't)



Mrs. Henry Frauenfelder of Gadsden vicinity who for many years has been an active Home Maker Club and 4-H Club Leader, showing the home freezer when she now uses for her family of three (she has four married daughters, all former 4-H club members who no longer live in Gadsden).

From 1945 to the present time, the Agent has attended a total of six work shops on Food Preservation given at the University of Arizona under the auspices of the State Extension Staff. Each of these has served as a refresher course and results have been given back to all organized groups in the County.

During this year of 1953 a three day Freezing School was held in Tucson for the Home Demonstration Extension Staff on March 17 to 19 inclusive. Because the Agent had made a date early last summer to meet with the Vi-Sa-Wen Womans' Club in Salome on the 19th, it was necessary for her to attend only the first two days of the school. However, she felt that she benefited a great deal from the two days. She brought home with her an extensive kit of wrappings for freezing. This kit she turned over to the Mohawk Valley Homemaker Club women. She planned with them for an exhibit at the Fair entitled "Meals from the Freezer". This exhibit attracted wide attention during the course of the Fair.

Not a week passes without requests for information on packaging for freezing. These have, of course, all been answered.

One thing should be mentioned here and that is the influence 4-H Club work has had in spreading up to date information on packaging

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

XIII Nutrition (con't)

Sub Project B - Food Preservation (con't)

for freezing. Some of the girls have worked up excellent demonstrations and in the process of so doing have become very well informed, along with their leaders, on the subject. It has created an authoritative source of information in at least three county areas.

When Extension Service television programs became a reality in October, the Agent selected Claudia Yowell, a Gadsden 4-H girl, to appear with her giving her demonstration entitled "Preparing Vegetables for the Home Freezer". The Agent has received many calls from this program.

Sub Project C - Food Selection and Preparation

Work in food selection and preparation falls into three classes as follows:

1. Project work with adults
2. Request work with adults
3. 4-H Club Work

Project Work With Adults

In 1949, the Extension Nutritionist, was in charge of a Leader meeting, "Favorite Mexican Dishes". It took the form of a buffet luncheon prepared, served, and its nutritional value developed in a round table discussion. The menu was as follows: Chiles Rellenos; Frijoles Refritos; Rospadas; Ensalad d Aguscata; Cocada; Coffee. While returns from this meeting have been fair, yet women have not been very enthusiastic because the dishes were elaborate and relatively expensive and because living near the Mexican border, the art of Mexican cooking is already highly developed in all communities.

In 1950 before Miss Reva Lincoln, Extension Nutritionist, resigned her position, she conducted two leader meetings in the County as follows: "Meals that Can Wait", "Salads from Locally Grown Products". These demonstrations have been repeated in part and in whole by Leaders and by the Agent in former and during the current year. In the former, a "Master Mix", "Roux", etc., are used in the preparation of an oven meal, a broiler meal, as well as top stove dishes. The latter consisted of just what the title implied, the making of luncheon and dinner salads. Suggestions given in the demonstrations have been widely used in all communities.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

XIII Nutrition (con't)

Sub Project C - Food Selection and Preparation (con't)

Project Work With Adults (con't)

Early in November of 1951, Mrs. Elsie Morris, Extension Nutritionist responded to a long expressed request of the County Home Maker Council. She conducted a leader meeting on "Food for Entertaining". Twenty-three leaders from eleven communities assembled in the business and professional women's club house for the day's work beginning at ten thirty in the morning. The morning was spent in discussion and a demonstration by one of the leaders on level measurements after which the group divided for actual preparation of a noon day buffet meal designed for entertaining. Foods prepared were correct nutritionally as well as being very attractive. Powdered milk was used in abundance. Food prepared included: a center-piece of an egg plant, tooth picks stuck with carrot curls, baconettes (broiled bacon curls with peanut butter); olives and cream cheese pecan halves; Chile Rellenos; Broccoli and Cauliflower Salad on Romaine; pin-wheel biscuit; Cocoa with powdered milk topping; Ambrosia; Scotch Toffee.

Between November 1951 and March 1952, in all eleven communities represented at the leader meeting, the subject matter and in five instances demonstrations were of results given at local meetings.

The largest carry over from this work has been the increased use of dry skim milk as a supplement to whole milk. It is estimated that approximately three hundred families have been so influenced.

In March of 1952, a County Leader meeting on "Good Breakfasts" was held with Mrs. Elsie Morris, Extension Nutritionist, Instructor.

The place of meeting was the Business and Professional Women's Club House. Hours for the meeting were ten-thirty in the morning until three in the afternoon. Laboratory phase of the meeting was the preparation of foods which the class members served as a noon brunch. Foods prepared were as follows: Fresh Fruit Centerpiece; Spoon Corn Bread; and Bacon. Dried non-fat milk was made up and served ice cold for the beverage. Coffee was also served.

The discussion phase of the meeting centered around a general explanation of the nutritional needs for a good breakfast. Emphasis was placed upon the importance of milk in the diet. The

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

XIII Nutrition (con't)

Sub Project C - Food Selection and Preparation (con't)

Project Work With Adults (con't)

discussion method was very well developed and the entire group participated freely. Clubs represented by leaders were as follows: Gadsden; North and South Gila; Somerton vicinity; Upper Valley; Yuma-Mesa; Wellton; Mohawk Valley and Wednesday Afternoon Club. A questionnaire had been previously prepared by Mrs. Morris inquiring into family food habits with special reference to breakfast and milk consumed. The questionnaires were used in the County and collected at a later date.

Subsequently all organized groups have had follow-up meetings on "Good Breakfasts" and it is estimated that 350 families are eating better breakfasts as a result.

In January of this year, 1953, a Nutrition Leader Meeting was again held in the Business and Professional Woman's Club House.

Mrs. Morris' subject was "Mid-Day Meal" and the meeting began at 10:30 in the morning with a demonstration featuring foods of superior food value. Dishes actually prepared were Baked Pinto Beans; Raw Vegetable Relish Plate; Cheese Cake. At noon the meal was served to the group supplemented by the paper sack lunches which the women brought with them. Leaflets featuring three menus with recipes, etc., had previously been prepared by Mrs. Morris and these were made available to the women for use with their respective club groups. The afternoon was spent in discussing the nutritive value of the menus and in laying the ground work for a Leader meeting on "Safe Reducing" to be held in June. The meeting went very well and the day was very well spent on the part of each leader.

Subsequently the subject matter from this meeting has been given back to all organized groups.

In June of this year, 1953, two leader meetings were held one for the benefit of clubs in the southern part of the County, the other for clubs in the northern part of the county.

The first of these was held in the Business and Professional Women's Club house in Yuma. Participating were leaders from the North and South Gila club; the Yuma Mesa Club; the Wellton Mohawk Club; the Gadsden club; the Upper Valley club; the Wednesday afternoon club. The meeting took the form of a work shop on the Role of Protein in Safe Reducing with Mrs. Elsie Morris in charge.

Miss Mariel Hopkins
Home Demonstration Agent
Yuma County, Arizona
1953

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

XIII Nutrition (con't)

Sub Project C - Food Selection and Preparation (con't)

Project Work With Adults (con't)

The women assembled at 10:30 in the morning for a discussion period after which they worked at putting together a noon day meal. This featured particularly broiled foods - liver, barbequed chicken, meat patties, steak. Swiss chard, salad vegetables and beef roast were contributed by leaders. A delicious, low-calorie, high protein luncheon was served at noon to all present. The afternoon was spent in establishing correct weights for all present and in formulating teaching procedures to be used by leaders at club meetings. A similar meeting was held in the Parker area with leaders from the Parker Woman's club and from Poston No. 1 and Poston No. 2 centers in attendance. In all cases the work was well received.

The Agent is sorry to report that it has not been possible to obtain complete returns on the adoption of these 1953 Leader meetings. From partial returns she can report the following:

Number who have changed food habits	112
Number using dry skim milk powder	275
Number who have lost weight	74
Number who plan to continue weight reduction program	72
Number who have used recommended methods for cooking meats	54

Request Work With Adults

The past several years have seen a revival of requests for work meetings on "Christmas Sweets". With at least two Home Demonstration Clubs these meetings have become annual affairs. Last December the Agent gave three demonstrations on Christmas confections at the request of as many clubs. In each instance she used material which she had found successful in years past and supplemented it with the mimeographed material received from the Extension Nutritionist, Mrs. Elsie Morris.

During the year, the Agent has discussed "Out door Cookery" with adult groups and has shown a slide film called "Jam Session" but these are merely incidental with the big project of the development of adult Food exhibits for the County Fair. The response in exhibits was much beyond expectations and it was certainly Home Makers Club members who "put it over". The food exhibits helped materially to make the Fair a success.

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Request Work With Adults (con't)

The exhibits of frozen foods attracted a lot of interest. U. S. bulletins on "Home Freezing of Fruits and Vegetables" and on "Freezing Meat and Poultry Products" were made available on request.

Fair Food Exhibits Are Tasty Displays

Every type of food from bread to blackberry jam is entered in the foods division of the home economics department of the fair.

Three separate sections of the foods division allow general, 4-H

and FHA exhibits to be judged in classes by themselves.

Mrs. E. P. Townsend is superintendent of general foods, which include bread, cookies, Mexican dishes, cakes, pies, honey, canned fruit, canned vegetables, fruit butters, preserves, jams and jellies and pickles and relishes.

A frozen foods section covers all types of frozen fruits, vegetables, meats, poultry, fish, eggs and baked goods.

The entire general foods division covers almost any type of food that can be prepared. Entries are extremely heavy in this division.

The 4-H foods division, under Mrs. Merle Bickers' care, is separated into first year, second year, third year, fourth year and advanced foods. Entries in the various divisions depend upon how many years of 4-H club work a girl has finished.

The first year class covers baking powder biscuits, baked custard or dried fruit. In the second year exhibits, girls have entered muffins, brownies, cookies and salad.

Butter cake, rolls and candy exhibits are entered by 4-H'ers, who are in their third year of food club work while fourth year girls have entered fruit pie crust, pies and cakes.

Advanced food exhibits include posters or exhibits of food which show out-door cookery, child feed and food for the sick.

The 4-H division also has a complete food preservation division which covers jars of fruit, juice, vegetables, pickled foods, jams and frozen foods.



BAKING BEAUTY . . . Betty Bickers of Somerton displays a pie ready for the freezer as part of her home economic work. Foods such as this play an important part in the home economic exhibits in the fair.
(Farmer Photo)

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XIV Clothing

Since the beginning of Home Demonstration work in Yuma County, more than three decades ago, clothing has been perhaps its strongest program. It is no wonder that there are now a nucleus of women who have learned many Home Economics Clothing techniques. These women are scattered throughout the County in all communities and act either formally or informally as adult and 4-H Leaders. Because of the added demands made upon the Agent's time by an expanding program, the Agent has, whenever possible, for the past several years, left formal instructions to these leaders. This has meant that there have been fewer adult demonstrations in clothing work given by the Agent than in previous years. The work on tailoring presented by the State Clothing Specialist during 1949, has greatly expanded the long time program. In addition there have, for four years past, been 4-H Leader meetings on Clothing Techniques. For these reasons it seems best to tell of the clothing program in its relationship to the teachings of other years.

Sub Project A - Selection

For the past eleven years, as market conditions have changed, selection of materials has been a repeat program. In 1942, "Identification of Fibers", was presented at a Leader Meeting and in turn was given to all Home Demonstration Clubs. This was good basic information which is still used in all communities for identification and care of materials.

In 1947, new materials again appeared in the stores after the war shortage. In October of that year, Miss Helen Church presented work in the County on the use and care of new materials. This included an exhibit of materials classified as cotton; rayon; nylon; combination nylon and rayon; fire resistant fabrics; materials (wool, cotton, linen) specially treated for over-coming laundering and wearing short-comings. This work, together with the exhibit and a bulletin specially prepared by Miss Church was subsequently given back to all Home Demonstration Clubs and in addition to the Parker Women's Club, the Wednesday Afternoon Club, the Vi-Sa-Wen Club in Salome and to a group of women in Bouse.

In February of 1948, a clothing leader meeting was held with Miss Helen Church in charge. The subject of the meeting was "Style Trends". As usual, this was an all day meeting. The morning was occupied with an illustrated discussion. The afternoon was spent with a clothes "clinic". Some of the leaders brought dresses which they wanted to remodel. They modeled the garments and there was a round-table discussion of what could be

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Sub Project A - Selection (con't)

done to modernize them. Subsequent to this meeting, the Agent assisted in meetings on "Style Trends" throughout the County.

In October of 1948, Miss Church was again in the County for a Homemaker Council meeting. She brought along an exhibit of children's clothing bearing tags giving the gaulmer measurements made according to government specifications.

In 1949, the Tailoring School conducted by Miss Church included work on selection of materials. To introduce the school, Miss Church was in the County one day in February for the Leader meeting. As usual the meeting was divided into a morning session and afternoon session. The morning session was spent in discussing fabrics suitable for tailoring. Basis for selection was the possibility of proper pressing as well as whether it was worsted, was sanforized, was of proper weight for suit or coat, etc.

In January of 1952 a kit on the new materials prepared by Miss Helen Church was sent to the Agent and was used by the Agent at all her meetings both 4-H and adult. On three occasions it was loaned to leaders for use at meetings which the Agent did not attend.

At the County Home Maker Council meeting in the Fall of 1950, a leader meeting was scheduled on the Wardrobe Planning. However, because of the crowded program of the Specialist, it was necessary to postpone the meeting.

On November 13, 1952, Leaders from seven communities met in the Business and Professional Women's Club House for an all day meeting on Wardrobe Planning. In preparation for the meeting the Agent mailed forms prepared by Miss Church on which leaders were to itemize clothing on hand. These they brought to the meeting and were used for the laboratory period in the afternoon.

Points emphasized were (1) Color - "Build your wardrobe around a color theme of one or two basic colors such as black, navy, green, brown, and gray". (2) Basic dress or suit. (3) Planning for balanced expenditures. (4) Accessories, shoes, etc. (5) Textile intelligence - buymanship, care, use.

A very carefully worked out kit for wardrobe planning was left by Miss Church in the County for follow up meetings.

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Sub Project A - Selection (con't)

During the current year the subject matter from this Leader meeting has been given back to organized groups. The nature of the subject does not lend itself to detailed numerical results. However, as nearly as can be determined 97 homemakers have used the material to help in planning for balanced expenditures.

On March 10 of the current year, Miss Helen Church was in charge of a leader meeting on "New Fabrics". The meeting was held in the Business and Professional Women's Club House and it was very much a success. The meeting began with the showing of two movies, one on the actual factory procedure for making a man-made fiber, the other on care and ironing of acetate garments. The afternoon was spent in a discussion of the subject supplemented with well planned illustrative materials. Miss Church left two kits in the County for use at follow-up meetings.

Returns from this meeting given throughout the County have been compiled as follows:

Check (x) below the method or methods used.

1. How information was given to others:

<u>3</u>	1. Showed by doing	<u>3</u>	3. Had others do
<u>3</u>	2. Showed by completed article or illustration only	<u>5</u>	4. Only discussion

2. Number of days ~~you~~ (leader or leaders) spent in helping with this unit of work 11.

1. How many women have looked for labels on acetate and rayon and other new fibers. Did they find them on: Ready to wear - No ___ Yes <u>75</u> Fabric by yd. - No ___ Yes <u>182</u>	207	
2. How many women have used precautions in pressing acetate and rayon	207	
3. How many have purchased	Satisfactorily	Unsatisfactorily
Nylon	161	7
Dacron	8	None
Orlon	29	None
Acrilan	None	None

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XIV Clothing (con't)

Sub Project B - Construction

Garment construction techniques have always been popular with Home Demonstration Club members in Yuma County. During 1947, the chief achievement in this field was adoption of short cuts in sewing from a Leader meeting conducted by Miss Church. She wrote a bulletin for this meeting entitled "Save Time by Short Cuts". The short cuts taught have proven very popular all years since to the present and have been used not only with adult groups but with 4-H Clubs as well.

The wrist pin cushion is much in use, partly because it is one of the first year 4-H Clothing requirements but also because of the above short cut meeting. The jiffy method of putting in zippers is being used in every community.

In April, 1948, Miss Helen Church initiated a program with Home Demonstration Clubs on "Use of Sewing Machine Attachments". This took the form of an all day meeting with the Wellton Home Demonstration Club. Members brought their sewing machines and were actually instructed in the use of their own attachments. Subsequently, the Agent conducted similar meetings with all Home Demonstration Clubs. It has been estimated that more than two hundred homemakers have extended their use of sewing machine attachments because of these meetings. One woman enthusiastically remarked, "It is the best meeting I ever attended. I just didn't know how wonderful sewing machine attachments can be".

During 1948 and 1949, repeat demonstrations were given all communities by leaders. The agent has had many opportunities to use the information with individuals and groups in all subsequent years.

In 1949, a Tailoring School was held. It's teachings have largely dominated the clothing program both last year and this current year. For this reason it seems well to describe it again in some detail.

As already told, the foundation for the school was laid with a Leader meeting on selection in February, 1949. In July the Home Demonstration Agent sent a letter to club representatives enclosing an enrollment card. As a result there were forty enrollments expressing fairly evenly distributed preferences for coats and suits.

During October, two all day meetings were held on suit making and two on coat making. After material and patterns had been

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XIV Clothing (con't)

Sub Project B - Construction (con't)

selected, shoulder pads were made. Next, muslin garments were cut from the patterns selected. These were then very carefully fitted to the owners. Grain lines were very carefully watched. If the materials were not marked "sanforized" it was shrunk by class members at home following directions by Miss Church. Pattern alterations were made from the muslin after fitting. The following bulletins were used as source material. At the first meeting each class member made up a kit of these bulletins together with mimeograph sheets on "Stay Lines" compiled by Miss Church.

U. S. Dept. of Agric. Farmer's Bulletin No. 1894 "Coat Making at Home"

U. S. Dept. of Agric. Misc. Pub. 591 "How to Tailor a Woman's Suit"

U. S. Dept. of Agric. Farmer's Bulletin No. 1968 "Pattern Alteration"

U. S. Dept. of Agric. Farmer's Bulletin No. 1964 "Fitting Dresses"

In November it was necessary for Miss Church to come one day in addition to the regularly scheduled series in order to complete all instructions. In addition, the Agent spent four days in special work with neighborhood groups. Because of the tailoring school, thirty-six leaders, adults, and 4-H'ers have reached a higher level of accomplishment than ever before.

They have proven very helpful in building correct clothing procedures in their communities and will continue to do so for years to come. The Agent considers it a job extremely well done.

The culmination of the Tailoring School came in January of 1950 in the form of a Dress Revue tea with Miss Church as guest of honor.

In May and June of 1950, there were Leader meetings on pattern alterations. The series began with a comprehensive discussion of choice of patterns followed by a demonstration on "How to Measure" using one of the leaders as a model. Afterwards, leaders worked in groups of two with the results that each had her own card with her accurate measurements tabulated. Farmer's Bulletin No. 1968 "Pattern Alteration" was given each group. At the second meeting, after an illustrated talk on the techniques of pattern alteration, leaders each altered a pattern for herself. This work was subsequently successfully given back to all organized groups.

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A total of 199 members altered patterns at meetings. For the follow-up meetings a kit was left in the County by Miss Church and was used by all groups.

During 1951, pattern alteration work was carried on by leaders.

In January of 1951, Mrs. Mary Robertson, Acting State Clothing Specialist was in Yuma County for a series of three Leader meetings. Two of these were for 4-H leaders. The third was a meeting for Home Demonstration Club Leaders. It was held at the Business and Professional Women's Club House in Yuma. The subject was "New Techniques in Sewing" featuring placket finishes, cordings, collar and pocket finishes, belts, etc. Twenty-four home makers were present, sixteen of whom were leaders representing eight clubs. The techniques taught have since been given back to all organized groups.

During February and March of 1952, Better Dressmaking schools were held with Miss Helen Church in charge. Both 4-H leaders and adult club leaders signed up. At the first meeting, Miss Church showed slides illustrating style trends and steps to follow in beginning a better dress. Then followed a demonstration on measurements and on pattern alteration. Women worked in groups of two taking their measurements and recording them on cards provided for the purpose. Miss Church passed out directions for home work to be done before the meeting early in March. These were included in folders containing bulletins on Pattern Alteration, Stay Stitching and Making Bound Buttonholes. The meeting went very smoothly and much interest was evidenced.

In March, forty-six women finished dresses as a result of the schools and there was much enthusiasm over the success of the finished products. The dresses were outstanding in design, workmanship and becomingness. Fitting problems had been expertly handled.

Two style shows were planned as an aftermath of the schools. One was held at the regular meeting of the North and South Gila Home Demonstration Club on March 22. Leaders modeled their dresses and gave an explanation of construction processes.

The second style show was planned as an afternoon tea to be given by the Gadsden Home Demonstration Club on March 26. However, plans went awry because the proposed hostess was called out of town and no other home in the community would meet the requirements

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for a Tea and a Revue. It was necessary to send out notices calling off the affair and because of the proximity of the 4-H Fair, it was thought best to permanently cancel it.

Results from these Better Dressmaking Schools were compiled and included in the Agent's 1952 Annual Report.

In October of this current year, Miss Church again came to the county for Clothing Construction work. This time two Leader meetings were planned, one for the northern part of the county and one for the southern part.

The leader meeting on "Dresses that will work for you" was held at the Parker Indian Agency. In addition to representatives from four organizations in Parker and Poston, a group of women from Quartzsite, Salome and Wenden were in attendance.

The morning was spent in a discussion of the important points to consider in selecting and making house dresses. Miss Church brought along dresses which she had made from the patterns designed by Oregon farm women. These were modeled by members of the class and formed a nucleus for a very fine discussion. In the afternoon the women worked in groups of two taking measurements for pattern size which was followed by a demonstration on pattern alteration by Miss Church.

On Tuesday, October 20, a similar meeting to the above was held for leaders in the southern part of the county. The meeting was held at the B. & P. W. Club House in Yuma and was attended by eighteen leaders. Both these meetings were enthusiastically received. The meetings were reported back to the clubs at their next meetings. However, actual work meetings will have to wait until January of 1954 because of a very full program. The dresses have been included in the premium list for the 1954 County Fair as a means of maintaining interest in the project.

For the past several years, because of a crowded program, the Agent has found it necessary to curtail clothing meetings in preparation for Christmas and to rely largely upon leaders to take charge. She has, however, supplied such illustrative material as patterns for stuffed toys; apron patterns; stencil patterns. This current year she did find time to meet with two groups who requested work meetings reviving the making of "necktie" aprons - a project of several years past. Two all day work meetings were held and both were highly successful. Some of the women met for

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repeat meetings and made additional aprons.

Another illustration of carry-over in interest from previous years was the request for a repeat demonstration on the making of glo-candles.

Since the first annual County Fair did not get under way until January of this current year, it pretty much absorbed all the energy of club members and the Agent as far as garment construction activities were concerned. An example is Mrs. Lily McCain Smith, one of our long time clothing leaders pictured in the clipping below.



Mrs. Lily Smith was sweepstakes winner in home economics at the Yuma County Fair. Here she is adjusting the costume she made, which the judges pronounced "best dress other than cotton." Mrs. J. O. Cannon, department superintendent, counted up and found that Mrs. Smith's 29 entries took 27 ribbons — 12 blues, 10 reds, 5 whites.

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THURSDAY, APRIL 9, 1953

THE YUMA COUNTY FARMER

Needle and Thread Entries Head Women's Side of Fair

With over 500 individual exhibits entered in the home economics department of the fair, this department is the largest in the fair.

Clothing and textiles sections have a large part to play in making the home economic department tops. All classes and types of

needlework, dresses, knitting, crocheting and handwork are on display.

Divided into adult, 4-H and Future Homemakers of America, clothing and textiles give every homemaker an opportunity to enter an exhibit.

Mrs. Julian Cannon is general superintendent of the home economics department and Mrs. George Franklin, who is also fair queen, is in charge of new garments, children's clothing, remade clothing and tailored new garments in the adult section.

Knitting, crocheting and hand-made clothing is under the direction of Mrs. Homer E. Higbee. This division includes the many different types of knitting, crocheting, embroidering and fagoting on dresses or blouses.

Adult quilts and rugs are supervised by Mrs. Ellis M. Fay and include cotton, wool or silk quilts and child's quilts.

Rugs on exhibit run the gauntlet from braided to hooked.

Mrs. John Gardner is superintendent of household crocheting, which includes edges, insets, tablecloths, bedspreads and chair sets. Household knitting exhibits and miscellaneous household articles are also included.

In the 4-H clothing division, Mrs. Henry Frauenfelder is superintendent. The division is divided into first year, second year, third year, fourth year and advanced clothing.

In the first year girls exhibit pin-cushions, aprons and potholders while second year exhibits include garment protectors, boys' shirts and dresses.

Third year, fourth year and advanced clothing entries cover good dresses, boys' suit, reweaving, tailored coat or suit and three-piece garments.

The 4-H divisions have one of the largest displays of exhibits in the fair.



SEAMSTRESS PLUS . . . Sandra Gaines of Roll looks over dresses that she is exhibiting in the fair this year. Sandra is one of the top leaders in home economic projects in the county. (Former Photo)

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(c) Project Activities and Results (con't)

XIV Clothing (con't)

Sub Project C - Clothing Economics

While there has been no time for formal meetings in clothing economics during the current year, previous years work has had its influence. For several years clothing economics was carried under the caption "Care of Clothing Series". The first of the series was "Identification of Fibres", the second was "Laundering Techniques", the third was "Dry Cleaning".

Later the series branched out into clothing storage. The phase chosen was storage of shoes and sewing equipment and included a work meeting for making, among other things, portable sewing cabinets. These cabinets have proven very popular. The first year they were made in all Home Demonstration Clubs. Since then there have been numerous reports of sewing cabinets having been made.

Sub Project D - 4-H Clothing

Since the subject of 4-H clothing has been covered ~~in~~ earlier in the report (D(c)I Sub Project D of the outline) material will not be repeated here. There are two comments that should be included, however, as follows:-

The television program with the Agent in charge, given the twelfth of November, featured a demonstration on Matching Plaids by Eula Ryan and Cecilia Gonzales of the Gadsden 4-H Go-Getters Club. This was the demonstration which the girls gave at the State Round-up in June and for which they won blue ribbons and medals.

The other comment is this. On the back sheet of the 1953 National Dress Revue Awards program announcement, is a picture of Nedra Tudor, 4-H Dress Revue winner from Yuma County for 1951. She is shown in her party dress costume. We are very proud of this recognition.

XV Home Management

Sub Project A - Selection

Since a Home Management Specialist was added to the Staff six years ago in the person of Miss Grace Ryan, the Agent has observed a real advance in Home Management and Home Furnishing work in the County.

In 1947 a meeting on "Kitchen Storage" was held with nine communities represented by their leaders.

The Specialist brought with her excellent illustrative material and the morning was spent in discussing things that can be done

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to improve kitchen storage following the theme of making the kitchen work for the homemaker, rather than the homemaker working for the kitchen.

Miss Ryan, left her illustrative materials for use in the individual club meetings. It included suggestions for stagger and vertical sectioning of shelves and drawers to make for convenient kitchen storage; devices such as knife holders, spice shelves, arrangement of equipment to make for saving labor, etc. There was a file of picture clippings and an ample supply of reprints of the Country Gentlemen, May, 1946, articles entitled "Better Kitchen Storage".

This furnished material for excellent meetings on "Kitchen Storage" in all Home Demonstration Clubs.

In 1948, the second leader meeting was held on "Kitchen Storage" with Miss Ryan in charge.

Nine communities were again represented by leaders and a busy day was spent. This time, rather than storage for small equipment, the work centered around floor plans and the arrangement of large equipment. This work was subsequently presented to all Home Demonstration Clubs.

For the past four years, "Cut-Outs" books have been given out by special request to rural home makers who have been prospective builders. There have been thirty-seven of these. All have reported finding the cut-outs very helpful. In the past three years the Agent has visited homes in ten communities where ideas from the kitchen storage meetings have been used. These have varied from an entirely new kitchen to a rearranged cupboard or a utensil drawer. There has been much accomplished in modernizing kitchens throughout the county for which the Extension program either directly or indirectly takes credit.

In 1949, Miss Ryan was again in Yuma County for our Home Demonstration Council meeting. She brought along the floor plans and miniature replica of the expanding farm house which had been prepared for the County Life Conference at the University. This Miss Ryan used for an illustrated discussion on the subject at the meeting.

Not a month passes but that some request comes to the Agent's office which has to do with planning a farm home and information as well as bulletins are dispatched.

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Sub Project A - Selection (con't)

During the year 1952 two very interesting request meetings by Home Demonstration Clubs were held on the subject "Planning a Farm Home". The Agent began in each case by reviewing the bulletin "An Easy Way of Planning a Farm Home". She included a review of circular 202 "Storage for Your Home". A very interesting discussion followed.

During 1948, a leader meeting was held on the subject "Problem Windows" with Miss Ryan in charge. The subject was chosen because of the preference expressed by several communities as a follow up of the County Council meeting in October. Follow up of this leader meeting was a part of 1949 year's program.

Since that time the Agent has used the "Problem Windows" subject matter to help with request conferences on selection of drapes, etc. There were seventeen such requests in 1949, eighteen in 1950, twenty in 1951 and nineteen in 1952, seventeen this current year.

In September of 1950, Miss Ryan was in the County and an introductory meeting on the subject "Importance of correct Lighting in the Home" was held for County Leaders. Twenty-one leaders attended representing eleven communities. Miss Ryan opened up a new field in lighting and its importance for all those who attended the meeting. Her approach was to show the importance of correct light to the maintenance of eye sight. Her illustrative material was practical, readily interpretable by the leaders and very much to the point. The kit was left in the County for the Leaders at Club meetings.

During 1951, meetings on correct lighting in the home were held for two rural groups which were not present in the original groups.

Results of the above meetings are more readily measured in terms of better understanding of the importance of good lighting. It however, was established that approximately 200 homes made changes.

In 1952 two kits, one on linoleums and one on cleaning rugs and upholstery were in use in the county through the courtesy of Miss Ryan. These kits furnishing interesting background for meetings in all Home Demonstration Clubs. In the case of the linoleum kit, two clubs requested a second meeting and Leaders borrowed the kit for a more thorough study.

In November of this current year, A Home Furnishing Leader meeting was arranged for Miss Ryan to service clubs of the Parker area.

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Sub Project A - Selection (con't)

Because the greater part of these women are Indians, it was decided to make the meeting center around the care of floor coverings. The women were divided into three groups and two groups were supplied with grades of linoleum, asphalt and rubber tile. The third group was given a piece of carpeting. They were assigned tasks of testing the materials with different types of stains, etc. and in the case of the carpeting they learned how to shampoo it. There was good interest in the project on the part of the women.

In November of 1952 an all day leader meeting was held covering two subjects as follows: Success hints for use of electricity; care of equipment. Fourteen leaders were present representing ten communities. The former included a discussion of good buying guide posts and a demonstration of what it means to use electricity intelligently. Guide posts for buying electrical equipment were (1) Discussions based on family agreements (2) Shop the fields (3) Balance money, time energy expenditures against needs and wants (4) Will present wiring system carry equipment safely and satisfactorily (5) Availability of repair service; (6) Dependability of manufacturer (7) Safety, etc.

In care of equipment, pots and pans were studied for materials used, for efficiency of parts such as: handles; side handles; bail handles; covers; general good features.

Two kits were left in the County for followup meetings. No attempt has been made to obtain detailed reports of the results of these meetings. However, the following has been obtained:

Number of homemakers using information on	
buymanship of electrical equipment	179
Number of homemakers using information on	
buymanship of pots and pans	273

In February of the current year, Miss Grace Ryan was in charge of a leader meeting bearing the title "Short Cuts in Home Management". The meeting was held at the Business and Professional Women's Club House with ten communities represented. The subject included a discussion of tools that tire you. Physiologic and psychic as well as the many practical advantages of short cuts were developed. The Agent afterwards sat in on some meetings when this subject matter was given back at club meetings. She felt that the leaders did an unusually good job. Particularly

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XV Home Management (con't)

Sub Project A - Selection (con't)

did they stress the physical effects of poor management. The high incidence of heart failure seemed to strike home. They stressed avoiding tools that tire you, facts about posture and good work heights. This was not a meeting when numerical results could be obtained. However, the Agent knows that it was discussed in all groups and that it was a very important subject.

In November of the current year, Miss Grace Ryan came to the county for leader meetings on "Wall Accessories". One of these, as usual, was for clubs in the southern part of the county. The other meeting combined the subject matter of "Wall Accessories" with work on floor coverings already told. The four reproductions of famous paintings supplied by the Farm Journal were used as a basis for teaching selection of color, etc. Miss Ryan had prepared mimeographed leaflets which served as good discussion material. A kit furnished material for showing correct grouping of pictures, etc. The meeting was intensely interesting and the leaders present took an active interest in it. This subject matter will be given back to local groups in the coming year.

Sub Project B - Construction

During 1950, Miss Ryan, Home Management Specialist was in charge of a Leader meeting on the subject "Special Wood Finishes". This was the second in a series of two meetings, the first having been held in 1949. During 1950, subject matter from both leader meetings was given back to all organized clubs. Follow up of these meetings has continued. Bulletins written by Miss Ryan entitled "Furniture Repair" and "The finish Counts" continue to be given out on request.

Following the initial leader meeting on Importance of Correct Lighting in the Home, two schools of two days duration each were held in 1951 for the purpose of showing the mechanics of lamp shade construction. Miss Ryan was again in charge and leaders worked up some very fine examples of modern lamp shades.

All steps had been thoroughly explained by Miss Ryan in two mimeographed bulletins entitled "Making Lamp Shade Patterns" and "Making Simple Lamp Shades". These were used by the Agent and Leaders in work meetings in the various communities. Correct lighting and lamp shade schools were conducted with all organized groups.

Home Demonstration Clubs have been working with upholstery and slip covers for many years, so there is a good amount of experienced

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(c) Project Activities and Results (con't)

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information on the subject in all communities. Because of a full program, the Agent now personally supervises work meetings only when it is to maintain standards.

For the past three years, the work on re-upholstery has been materially helped thru the use of the bulletin "Re-upholstering a Chair at Home". The bulletin originated at Oregon State College and reprinted by our own State Extension Service. This bulletin has been distributed to all communities of Yuma County and the Agent has had sixteen reports of its use.

In January of 1952, there were two all day work meetings with the Agent in charge. One was in a home when a group completed covering a platform rocker. The other was at the annex of the Presbyterian Church. The Ladies Auxiliary had been requesting instruction for some time on the covering of some hundred chairs with leatherette seats. These chairs had been purchased from the Army Air Base and were in excellent condition except that the boxing around the seats had given away. They were as a result unsightly and exposed cotton came off on peoples clothing. The Agent did some shopping for new materials and on January 31st with the aid of six sewing machines and eighteen women all the seat covers were made and sixty chairs were entirely finished. Needless to say everyone was delighted. A local firm had given a price of five dollars a chair for the work so the women figure they saved approximately four hundred dollars after all materials were paid for.

This current year there has been time for only six meetings with the Agent in charge. However, there have been many more with Leaders in charge.

Last year and this, members have been increasingly interested in the making of draperies. This has doubtless come about through the distribution of the bulletin "Tailor Your Draperies" by Miss Grace Ryan.

The Agent was asked to serve on a committee for planning a church kitchen during the current year. She has met with committee members and the architect on three separate occasions. The church is at present in the process of being built.

During the current year, the Agent visited the Parker Woman's Club and the Vi-Sa-Wen Woman's Club of Salome and gave a program on Home Furnishings.

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Sub Project C - Economics

The Economic phase of the Home Management program has been a part of all project work in the County. During 1949, it was separated for special consideration when Miss Ryan, Home Management Specialist was in charge of a leader meeting on buying techniques, the subject of which was "Outwitting the Dollar". Miss Ryan left a kit for the use of leaders in presenting the program and the meeting was subsequently given back to all organized groups. While results have been intangible and no attempt has been made to reduce them to mathematical proportions, there has undoubtedly been much spread of influence and still continues to be.

In 1951, a very important Home Management project was initiated by Miss Ryan. It was work in "Laundry Methods" and began with Leader meetings in February.

By special request one of these meetings was held in the Roll Wellton area and the other was held in the vicinity of Yuma in the South Gila Valley.

In both cases, the meeting began with a wool blanket washing demonstration using the latest method developed for proper care of blankets. It was really a report by Miss Ryan on the research on washing woolens which has brought practical procedure changes. This proved of great interest to all the leaders present. It is interesting to note that the particular brand of water softener used in the demonstration was not to be found on our local markets. However, because of urgent requests it was stocked in one of our leading groceries and has had a large sale ever since. It is ~~not~~ on the shelves of all the large grocery stores in town.

In the afternoon, the functions of water softeners and detergents were further developed. The leaders tested for hardness samples of water which they had brought. There was an explanation of built and unbuilt soaps and synthetics with a classified list of different brands. The blanket washed in the morning was combed after drying with the results that the blankets looked like brand new ones.

This work on Laundry Methods has been particularly helpful for Yuma County where hard water is a big problem. The Agent and leaders have presented the work to all organized groups. Every-one has been enthusiastic about the value of the subject matter presented. To the Agent's knowledge, more than forty blankets were washed following the demonstration procedure in 1951.

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Sub Project C - Economics (con't)

As a result of these meetings, home demonstration club members are conditioning their wash water more intelligently.

January 29 and 30 of the current year was spent by the Agent in company with Jo Perrill, Woman Editor of the Arizona Farmer. They toured Yuma Valley from the Crane area to and including Gadsden and some of the Yuma-Mesa in the interest of the use homemakers are making of their home freezers. It was originally planned to include the Gila Valleys and the Mohawk Valley in the tour but it was found that this would take much more than two day's time. A good cross section in the areas visited, however, was obtained. No advance notice was given the homemakers so a true picture of just what use was being made of home freezers was obtained. In all instances good use was being made and home makers were enthusiastic about the use of freezers. Jo Perrill is writing an article on the survey so the Agent will not comment further here. One home visit that of the Virgil Harman's on the citrus Yuma-Mesa so impressed Jo Perrill that she took a series of pictures throughout the home for a special feature article. The Harman's have a beautiful, modern home built by themselves even to the concrete bricks. Mrs. Harman is a member of the Somerton vicinity Homemaker Club. When the home was being furnished, the club met and worked together at upholstering a lounge in leather.

4-H Club Work

While the number of projects in Home Management and Room Improvement has been relatively small this current year, some very nice results have come out of the work and exhibits at the County Fair were an improvement over previous years.

When Miss Grace Ryan was in the County in 1951, she spent one day in consultation with all 4-H Leaders who were leading in Home Management and Home Furnishings projects. The meeting took the form of a luncheon at the home of the Agent. Ten leaders were present. Miss Ryan had prepared some very good illustrative material and there was a very careful discussion of procedures for carrying on projects. The leaders took part freely and expressed themselves as having a much better understanding of what to do.

In November of this current year during Miss Ryan's visit to Yuma County, advanced girls carrying Home Furnishings projects

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and their leaders were invited to the Agent's home for a meeting on project material. Miss Ryan brought with her a kit of illustrative material which was supplemented with a kit on second year projects loaned to the Agent by Laurayne Kennedy, Assistant Agent in Maricopa County. All present received much benefit from this meeting. Another meeting with the Agent was scheduled for the latter part of December. At the meeting were ten 4-H Home Furnishing girls and three leaders.

Heading the list of accomplishments for 1951 is that of Sandra Gaines. She did a very successful job of re-decorating her own room including walls, floor and furnishings. Her color scheme was unusually good and she worked with a small expenditure of money. She won the right to represent the County in the Home Improvement Contest. Her record was sent into the State Office where she won the state contest. She was a 1951 delegate to the 4-H Club Congress in Chicago.

Heading the list of accomplishments for 1952 and 1953 is that of Joan Koogler. In 1952 she chose as her special work converting a porch into a combination bedroom and study for herself. Her father and brother helped her with some of the heavy carpentry work but other than that she herself did a wonderful job of conversion. For each step she did careful and exact planning. Then as time for the Junior Agricultural Fair approached, she worked out a demonstration to tell what she had done and some of the things she had learned. The title of the demonstration is "Using Color in the Home". In the demonstration Joan builds from (1) Fabric or drapery Material (2) Carpet (3) A picture (4) Wall paper. Her illustrative material is unusually well selected and her presentation is outstanding. After the Junior Agricultural Fair, the Agent sought out a number of places for Joan to give the demonstration including the Zonta Club of Yuma and three different Home Demonstration Clubs. In every case the audience was very attentive and the subject matter was good enough to interest even experienced groups of women. At the Roundup, Joan was given a very high score and on invitation repeated her demonstration for a meeting of all the Home Economics demonstrators.

During the current year Joan has remodeled and re-decorated the living room at her home with excellent results. She again gave a demonstration. This time she worked up four basic color harmonies (1) neutral (2) one color (3) complementary (4) analogous. She won the right to demonstrate at the Roundup, where she received

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a score of 100 by both judges. When Joan submitted her record to the State office this Fall, she won the State Home Furnishing Contest. She is a 1953 delegate to the 4-H Congress in Chicago.

It is worthy of note that four years ago Joan was one of a team demonstrating clothes closet arrangement at the Fair and that ever since she has been gathering material and thinking of plans.

At the Roundup this current year, Yuma County had a Senior Home Furnishing Judging Team as follows: Myrna Ellis; Sandra Gaines; Joan Koogler. Since this was the first year for judging in this contest, the Agent spent quite a little time working with the girls, including a field trip to an Interior Decorating Shop. She felt well repaid when the team won blue ribbons and medals. Myrna Ellis also received high individual score.

Statistics

Statistically speaking, the following is the estimated number of homemakers and other individuals assisted directly or indirectly to adopt recommended practices in

(1) Selection, use, and care of home equipment	350
(2) Repair, reconditioning and care of home furnishings	175
(3) Furniture arrangement and use of accessories	90
(4) Color schemes and wall finishes	70
(5) Floor finishes	100

XVIII Community Activities

Sub Project A - Related Agencies

The advent of the County Fair this current year has changed somewhat the work of Home Demonstration work with related agency. It can be said that no agencies have dropped their support of activities but that adjustments have been made to meet the needs of the time. High on the list of supporting organizations are the Yuma and Somerton Chambers of Commerce, the Yuma County Farmer, the Crane School, the E. F. Sanguinetti Firm.

Sub Project B - Conferences

Conferences attended without the county have been as follows:

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Sub Project B - Conferences (con't)

Dec. 8-12	Annual Extension Conference, Tucson
Mar. 17-18	Extension Freezing School, Tucson
June 2-6	State 4-H Roundup, Tucson
Aug. 10-15	State 4-H Camp, Prescott
Aug. 25-29	State 4-H Leaders Conference, Flagstaff
Oct. 15	Pima County Fair, 4-H Club Judging, Tucson

The 38th Annual Extension Conference was very helpful for the Extension program. There were four general sessions and two Home Demonstration sessions. Speakers for the general sessions were with two exceptions, University of Arizona faculty members as follows: Dr. Harvill, President of the University, who told us of the functioning of Land Grant Colleges; Dr. Oswald Wedel, Department of History and Political Science, who spoke to the subject "Europe's Place in the World Economy"; Dr. Howard A. Hubbard, Professor of History, whose subject was "Penetration of the West into the Orient in the Last Century"; Dr. John T. Shirer, Professor of Business Administration who told us about our national economy; Mr. Stubblefield, Extension Economist who spoke concerning our agricultural economy; Dr. Hawkins, Vice Dean of the College of Agriculture who spoke on Agricultural developments.

The two exceptions referred to above were: Frank W. Peck, Managing Director, Farm Foundation; Dr. Louis B. Schmidt, Professor Emeritus of Economic History, Iowa State College. Mr. Peck appeared on the program twice - first at a general session when his address was entitled "Building the Extension Program - again at a Home Demonstration Agent Session when he spoke on Extension's Responsibilities.

The Home Demonstration Agent sessions were further supplemented by a discussion on "Understanding the Cultural Pattern of a Community" led by Dr. Edward H. Spicer, Professor of Anthropology at the University and a demonstration of storage space for the dining area by Elizabeth Hurley, Research Assistant in Rural Housing at the University. Special topics discussed were: Achievement Days; County Fairs; The year ahead.

Of special note was the entertainment at the annual banquet. It was arranged for by Harvey Tate, Extension Horticulturist and was selected from student talent at the University.

Other than the annual extension conference, all other conferences without the county have been told under subject matter headings in this report. They will not be repeated here.

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Sub Project B - Conferences (con't)

Conferences within the county during the current year have been numerous in order to plan and carry through such program changes as the County Fair, the institution of an Extension Service program for television, etc. Illustrative of these conferences is the following:

On April 23, a potluck meeting of all Home Economic Fair superintendents was held at the Business and Professional Women's Club house in Yuma. The purpose of the meeting was to review Fair operations and to make recommendations for next year. In brief, these were as follows:

- (1) Sectioning off a rest center and furnishing it at the entrance of the tent.
- (2) Hiring efficient care takers for the toilets.
- (3) Having an information booth at the entrance.
- (4) Appointing a publicity Superintendent.
- (5) Roping off judging area when in use.
- (6) Changing place and time for Dress Revue.
- (7) Including score cards for the Home Economics Department of the Fair Catalog.

Other than the above, conferences within the County can be divided into:

- (1) Planning meetings within adult and 4-H work organizations.
- (2) Cooperative meetings with outside organizations.

In the former should be mentioned committee meetings for planning year books as well as individual meetings of Home Demonstration Clubs. These have taken place from time to time during the year as the need has arisen. Each month has seen from one to four such meetings. In 4-H club work there have been meetings of the County Council and County Leaders Conference in preparation for county events.

Among cooperative meetings with outside organizations may be mentioned. The Agent has been active in the Business and Professional Women's Club, Zonta Club and Delta Kappa Gamma society. She is the 1953-54 President of the Yuma Branch of the American Association of University Women. These have all furnished opportunity to work with women who help actively with the Home Demonstration program.

She is also constantly using such organizations as a means of spread of influence of Extension teachings.

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Sub Project C - Publicity

Publicity may be classified under three headings as follows:
newspaper, radio broadcasts, circular and mimeographed letters.

1952 ^{saw} has seen a change in newspaper publicity. Until January of 1952 the Yuma Daily Sun, which is the local paper, gave regular publicity to 4-H club work as well as to other activities of the Extension program. The Home Demonstration Agent shared with other staff members of the County Agricultural Agent's Office, a farm page appearing each week in the paper. The Agent also contributed to a weekly column which was sent by the County Agent's Office to the Somerton Star, a paper published each Wednesday and with wide circulation in Somerton, Gadsden and surrounding valleys.

In January of 1952, the Yuma County Farmer came into being. Since then the Agent has contributed a weekly column in the Farmer which is used to dispense subject matter as well as news items.

The new thing in publicity, as referred to before in this report is the Extension television program over KIVA. The station opened the latter part of October and represents Yuma County's only outlet for television programs. To date the Agent has appeared on four programs, three of which were her own. They ^{have} had all gone very well and there is much favorable comment. In addition to television, the Agent has given fifteen radio programs during the year.

There have been mimeographed newsletters sent to all the mailing list. In addition there has been a 4-H newsletter published cooperatively by the Assistant County Agent and the Home Demonstration Agent.

Sub Project D - Achievement Days

In March and April four 4-H Pre-Fairs served as community achievement days. They were as follows:

March 20 - Gadsden and vicinity
March 22 - Wellton-Mohawk Valley
March 28 - Somerton and vicinity
April 4 - Parker and vicinity

At these 4-H Pre-Fairs all entries are carefully judged which means that 4-H'ers have the opportunity to make needed corrections before the "Big Fair" as it has come to be called.

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Sub Project D - Achievement Days (con't)

These Pre-Fairs are a very good means of developing community spirit. They have also helped to relieve the last minute rush for completion of projects for the Fair.

Other Achievement Days include the County 4-H Recognition Event held at Crane School in the Yuma Valley and the Recognition Event held at Poston Agricultural Center for the 4-H'ers of the Parker and Poston area. These events have been discussed earlier in this report.

Illustrative of community achievements held following the County Achievement event for the purpose of giving out pins and certificates, is the one held at Somerton the evening of November 2. The 4-H Junior Farmer and Homemaker Club and the 4-H Little Women Club cooperated in a fried chicken dinner to which club members, leaders and parents were invited. More than one hundred and fifty people attended. Speaker of the evening was Bob McCreight, former Assistant County Agent in charge of 4-H club work. Pins and certificates were awarded and the whole affair was really well done.

Sub Project K - Recreation

During the past several years, 4-H club work has received impetus over previous years. Particularly is this true for the older youth groups. Meetings have included a period for singing and for folk dancing. Events leading up to this are briefly as follows:

For the first time in Yuma County, a 4-H Recreation School was held for the purpose of training leaders in recreation leadership. Dates for the school were December 12-14, 1949.

Miss Jane Farwell, nationally known recreation School Specialist from Wisconsin, directed the school. Place of meeting was the Crane School. While only sixteen leaders were actually enrolled there were a total of thirty-eight leaders and Junior leaders who benefited from one or more meetings. They represented a total of six communities. Miss Farwell made the work fit the requested needs of the leaders with the result that more than sixty games from mixers, contest and team games, small group games, school room games to various musical games were taught. Everyone felt that the time was well spent and would be very helpful in directing 4-H recreation in the County. However, everyone realized that

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Sub Project K - Recreation (con't)

more extensive training was highly desirable. Miss Farwell was an enthusiastic, competent teacher. We liked her presentation and herself very much.

Since the Recreation School, there has been marked improvement in Recreation Leadership in all communities. Communities which could not be represented at the school were contacted by the Assistant County Agent and the Home Demonstration Agent and training meetings held. Particularly have the Junior Leaders who attended the school carried on in directing subsequent recreation meetings.

In 1951, 1952, and 1953 at the 4-H Leader conference in Flagstaff recreation has been stressed. In 1951, Mrs. Mary Joslin was Recreation Leader and she did an excellent as well as thorough job in teaching recreation leadership. In 1952 Mrs. Izola Parker did a similar thing.

In 1953 Israel C. Heaton, Recreation Specialist from Utah State Agricultural College, was in charge. Yuma County leaders have greatly benefited from these three years of training.

One can not be a Home Demonstration Agent in one County for eighteen years without making many contacts that serve to stimulate community life, recreational and otherwise. Hence many services have been rendered which, in themselves, may not warrant mention but which have together been a real positive factor.

E. OUTLOOK AND RECOMMENDATIONS

As in previous years, the outlook for Home Demonstration Work in Yuma County seems to be one of comparative security because the things which the work has to offer are timely and needed in the operation of homes.

With adult groups specific studies for the coming year include:

Clothing - Altering ready to wear garment.

Nutrition - Making enriched bread.

Home Management - Floor coverings.

The 4-H program is becoming better integrated into community life. While the present policy of removing club work from school programs

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has caused a decrease in the number of boys and girls enrolled,
it should deepen the program's roots for real accomplishments.